

# Haliburton Highlands Health Services Pre-Read Document: Future of Care Forum #2: The Future of Long-Term Care



Wednesday, March 5, 2025, from 6:00 pm to 8:00 pm

In-Person: Minden Site Auditorium (6 McPherson Street, Minden)

Virtual: [https://us06web.zoom.us/meeting/register/rrpWVZ\\_1QMiyzqVVR1ortw#/registration](https://us06web.zoom.us/meeting/register/rrpWVZ_1QMiyzqVVR1ortw#/registration)

Together, we will co-design how long-term care will be delivered in Haliburton County, building a legacy for our community. We are excited to explore innovative models such as Green Care Farms and Small Home Models. We invite you to read the below background information prior to Forum #2: The Future of Long-Term Care.

## Green Care Farms

McMaster University will host a delegation from HHHS in early April for a visit to the Netherlands, where they will explore innovative long-term care models that have shown positive outcomes in other countries.

- Green care farms provide small-scale, homelike care environments, integrating farming activities with dementia care.
- These farms emphasize personalized, meaningful activities, supporting residents' autonomy and well-being.
- They offer an alternative to traditional nursing homes, promoting social engagement and independence.
- In the Netherlands, there are over 1,000 green care farms, of which approximately 250 provide care activities for people with dementia. Recently, some green care farms were established that provide 24-hour care and are seen as an alternative to other institutional long-term care settings.

## Resources

[Video: Social Farms & Gardens – Care farming for dementia and older people](#)

[University of Waterloo: Green Care Farms spreads roots](#)

[Green Care Farms as an alternative living arrangement for people with dementia?](#)

## Small Care Home Models

The National Institute on Ageing recognizes that Small Care Home settings are potentially the best way to provide care that collectively benefits residents, their care providers and their families.

- Co-locate individual Small Care Homes or households in a larger building should be deliberately designed to be home-like, house no more than 10-12 residents.
- Consider a universal care provider model, focused on delivering more resident-centred care. Effectively leveraging both PSWs and Nurses in providing a broader range of care tasks like preparing meals, providing mealtime assistance, cleaning and doing laundry in the same way that millions of family caregivers do on a daily basis.

## Resources

[Stop 'warehousing' seniors and build small homes for long-term care: National Institute on Ageing](#)

[There's No Place Like Home: Why Canada Must Prioritize Small Care Home Models in its Provision of Long-Term Care – National Institute on Ageing](#) At the bottom of the page, click to view the full report.