



Suicide Crisis Hotline .....	988
Haliburton Highlands OPP.....	705-286-1431
Kawartha/Haliburton Victim Services.....	1-800-574-4401
Kawartha Sexual Assault Centre.....	1-866-298-7778
Connect Ontario (Addictions, Mental Health, Gambling).....	1-866-531-2600
Heat Bank Haliburton County.....	705-306-0565
Fuel for Warmth.....	705-286-6838 • After Hours...705-489-3324/286-2990

**HEALTH**

Haliburton Highlands Family Health Team (Haliburton).....	705-457-1212
Family Counseling and Supports.....	705-457-9220
Minden.....	705-286-2500
Haliburton Highlands Mental Health Services.....	705-286-4575
Ross Memorial Hospital Mental Health Inpatient Unit.....	705-324-6111ext. 6067
Ross Memorial Hospital – Mental Health Intake.....	705-328-6064
Hospital (Haliburton).....	705-457-1392
Hospital (Minden).....	705-286-2140
HKPRD Health Unit.....	705-457-1391
Kinmount Family Medical Clinic.....	705-488-1105
Peterborough Regional Health Centre.....	705-743-2121
PARN (Peterborough Aid Resource Network).....	1-800-361-2895
Mental Health Services Information.....	1-866-531-2600
FourCast Addictions Services.....	705-286-4077
Drug & Alcohol Treatment Info Line.....	1-800-565-8603
Problem Gambling Helpline.....	1-888-230-3505
AA (Alcohols Anonymous).....	705-745-6111
NA (Narcotics Anonymous).....	1-888- 811-3887
CE LHIN formally CCAC.....	705-457-1600

**SERVICES**

Adult Protection Services.....	1-888-646-3456
Elder Abuse-Seniors Safety Line.....	1-866-299-1011
Parent’s Helpline.....	1-888-603-9100
YWCA Woman’s Centre.....	705-286-6442
John Howard Society.....	705-328-0472
Brain Injury Assoc. Peterborough Region (Haliburton County).....	705-286-4575

**YOUTH & CHILDREN**

Children’s Aid Society.....	705-457-1661
Point In Time, Centre For Children, Youth and Parents & Haliburton County Youth Hub.....	705-457-5345
Youth Justice Program.....	705-457-5345
Kids Help Phone.....	1-800-668-6868
Five Counties Children Services.....	705-286-0737

**FOOD BANKS**

Minden Food Bank.....	705-286-6838
Haliburton Food Bank (4C’s).....	705-457-3331
Central Food Network – Wilberforce Food Bank.....	705-448-9711
Central Food Network – Cardiff Food Bank.....	613-334-0803
Kinmount Food Bank.....	705-455-3060

**FINANCIAL**

Ontario Works.....	705-457-4571
Ontario Disability Support Program.....	705-324-6128
Credit Counselling (CCRC, Non-Profit).....	1-800-274-1611 ext. 307

**HOUSING AND EMERGENCY SHELTER**

Housing Help Centre.....	705-457-4571
YWCA HERS (Haliburton), Crossroads (Peterborough).....	1-800-461-7656
Woman’s Resources (Lindsay).....	1-800-565-5350
Youth Emergency Shelter (YES Peterborough).....	1-705-748-3851
A Place Called Home (Lindsay) (24-hour shelter, Extension 1).....	1-866-520-2689

**LEGAL SERVICES**

Community Legal Clinic.....	1-800-461-8953
Family Law Info Clinic.....	705-324-1413
Legal Aid.....	1-800-668-8258
Landlord & Tenant Board.....	1-888-332-3234
Victim Support Line.....	1-888-579-2888