



Summer Community Engagement Community Programs & Services

July 9, 2024



Compassion – Accountability – Integrity – Respect

Welcome

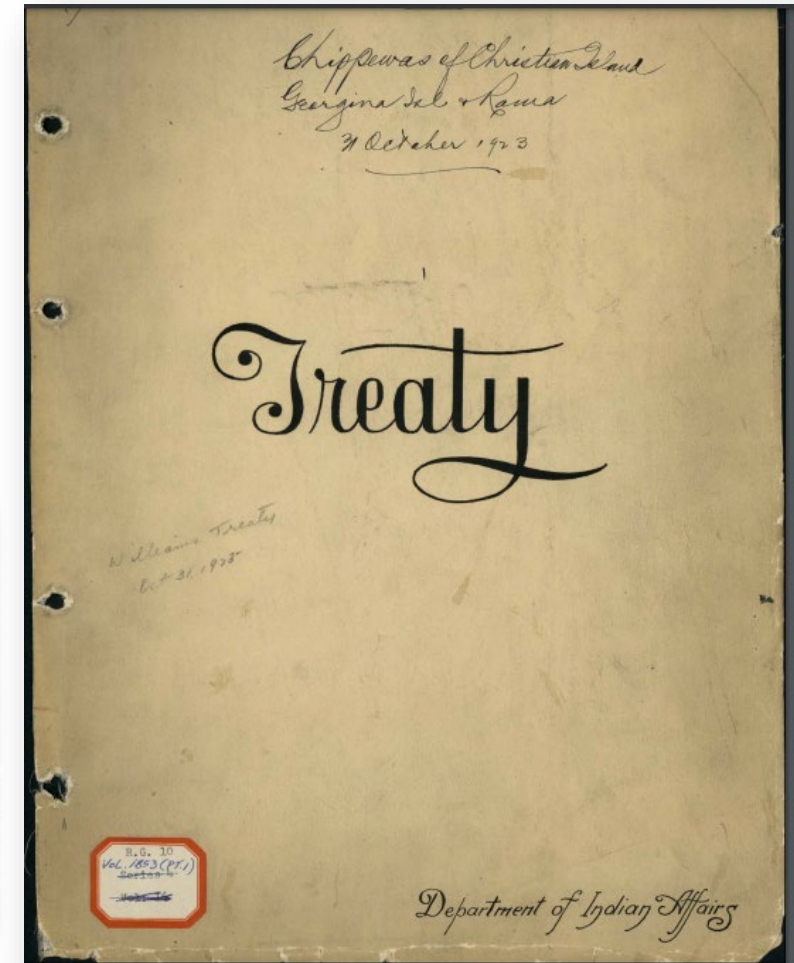
Veronica Nelson, President & CEO HHHS

Agenda

1. Traditional Land Acknowledgement
2. Public Health in Haliburton County – Dr. Natalie Bocking
3. Minor Ailments – Gary Chow
4. Services Offered by Local Pharmacists – Lauren Wilson
5. Midwifery Services – Annalee Winter
6. Building Abilities for Life – Darlene Callan
7. Organized Cancer Screening Programs – Kaitlin Loudon
8. HHHS Communications Plan – Lauren Ernst
9. HHHS Community Support Services – Amanda Rowden
10. HHHS Community Programs – Elaine Fockler
11. *It's Your Turn!*
12. Final remarks – Veronica Nelson

Traditional Land Acknowledgement

“We gather on ancestral lands, the traditional territory of the Mississauga Anishinaabe and the traditional unceded territory of the Algonquin Anishinaabe people and in the territory covered by the Williams Treaties which have been inhabited for thousands of years – as territories for hunting, fishing, gathering and growing food. The intent and spirit of the treaties that form the legal basis of Canada bind us to share the land “for as long as the sun shines, the grass grows and the rivers flow.”



Public Health & Our County

Dr. Natalie Bocking, Medical Officer





Public Health in Haliburton County

Dr. Natalie Bocking, MD, MIPH, CCFP, FRCPC

Medical Officer of Health and CEO

July 9, 2024



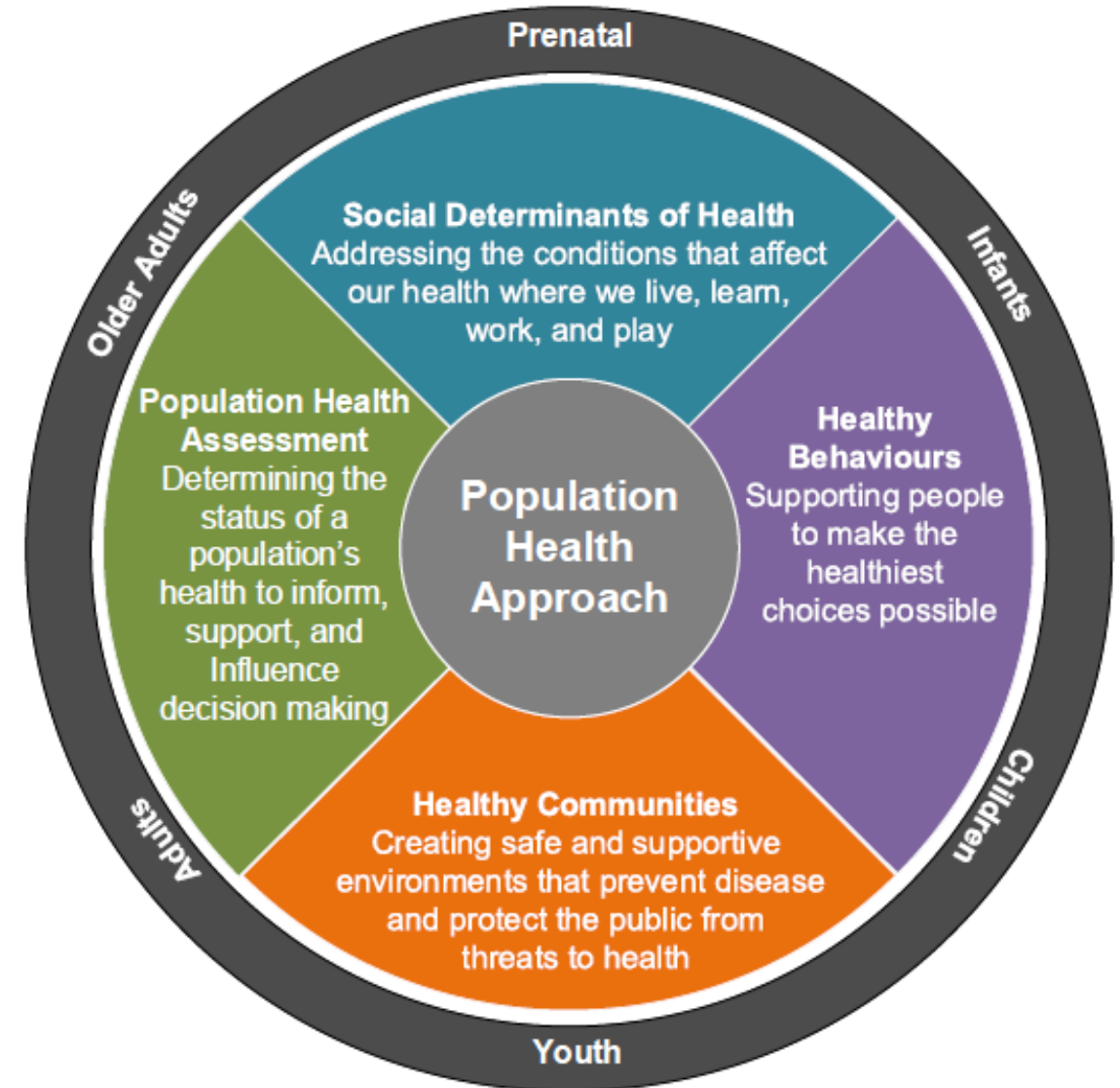
OUR VALUES • TRUST • ENGAGEMENT • ACCOUNTABILITY • LEADERSHIP

Outline of Presentation

- Introduction to Public Health
- Programs and Services in Haliburton County
- Next Steps

Public Health

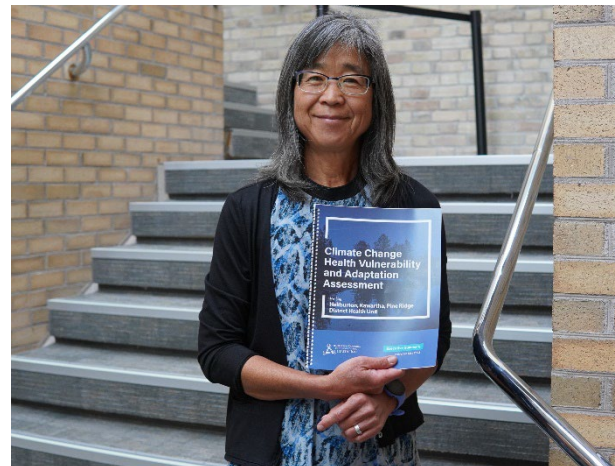
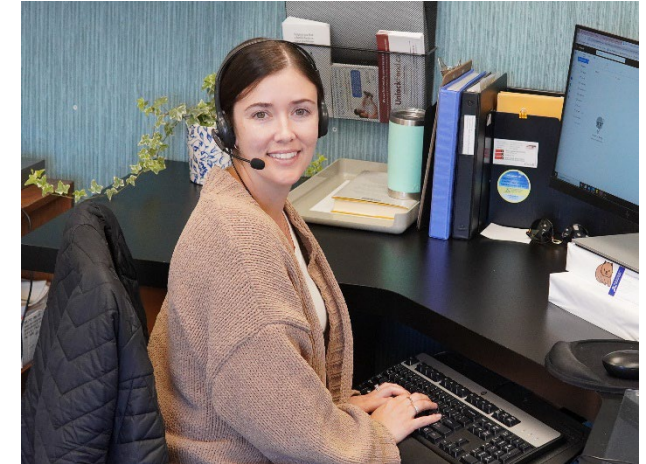
Public health work is grounded in a population health approach – focused on upstream efforts to promote health and prevent diseases to improve the health of populations and the differences in health among and between groups.



Public Health

Core Functions

- Communicable/infectious disease control
- Environmental health
- Health promotion
- Population health assessment and surveillance
- Emergency preparedness





HKPR District Health Unit

Approximately 185 staff

- Full-time, part-time, casual, contract

Public Health Nurses

Registered Practical Nurses

Public Health Inspectors

Tobacco Control Officers

Dietitians

Public Health Nutritionists

Health Promoters

Dental Hygienists

Dental Assistants

Family Home Visitors

Public Health Food Workers

Epidemiologists

Continuous Quality Improvement Specialist

Evaluation Specialist

Communication Specialists

Multi-media and Graphic Designers

Administrative Professionals

HR, Finance, Accounting Professionals



Programs and Services

- Minimum requirements for programs and services outlined in [Ontario Public Health Standards \(OPHS\): Requirements for Programs, Services and Accountability](#)
- Additional direction provided in: [Protocols and Guidelines](#)
- Programs tailored to meet local need through lens of health equity
- Work in partnership with many organizations



**Medical Officer of Health &
Chief Executive Officer**

Dr. Natalie Bocking

Foundational Standards

Professional Practice
Health Equity
**Population Health
Assessment and Surveillance**
**Continuous Quality
Improvement**
Research and Evaluation

Health Promotion

**Healthy Babies Healthy
Children**
**Healthy Growth and
Development**
Infant Feeding
Oral Health
Vision Health
School Health
Injury Prevention
Substance Use Prevention
Harm Reduction
Chronic Disease Prevention
Mental Health Promotion

Health Protection

Food Safety
Safe Water
Health Hazard Response
**Rabies Prevention and
Control**
Healthy Environments
**Infection Prevention and
Control**
**Infectious Diseases
Prevention and Control**
Sexual Health Clinics
Immunization Clinics
**Vaccine Storage and
Handling**

Corporate Services

Human Resources
**Occupational Health and
Safety**
Financial Management
Risk Management
Facilities
Privacy
Information Technology
Insurance
Contract Management
Records Management
Reception
Business Continuity Plan

Numbers At a Glance

Data from 2023 for Haliburton County

Premises inspected:

- 171 small drinking water systems
- 220 food premises
- 39 tobacco and vape vendors
- 27 personal service settings
- 21 public beaches
- 18 vaccine fridge inspections
- 12 pools
- 3 group homes

Clinical services:

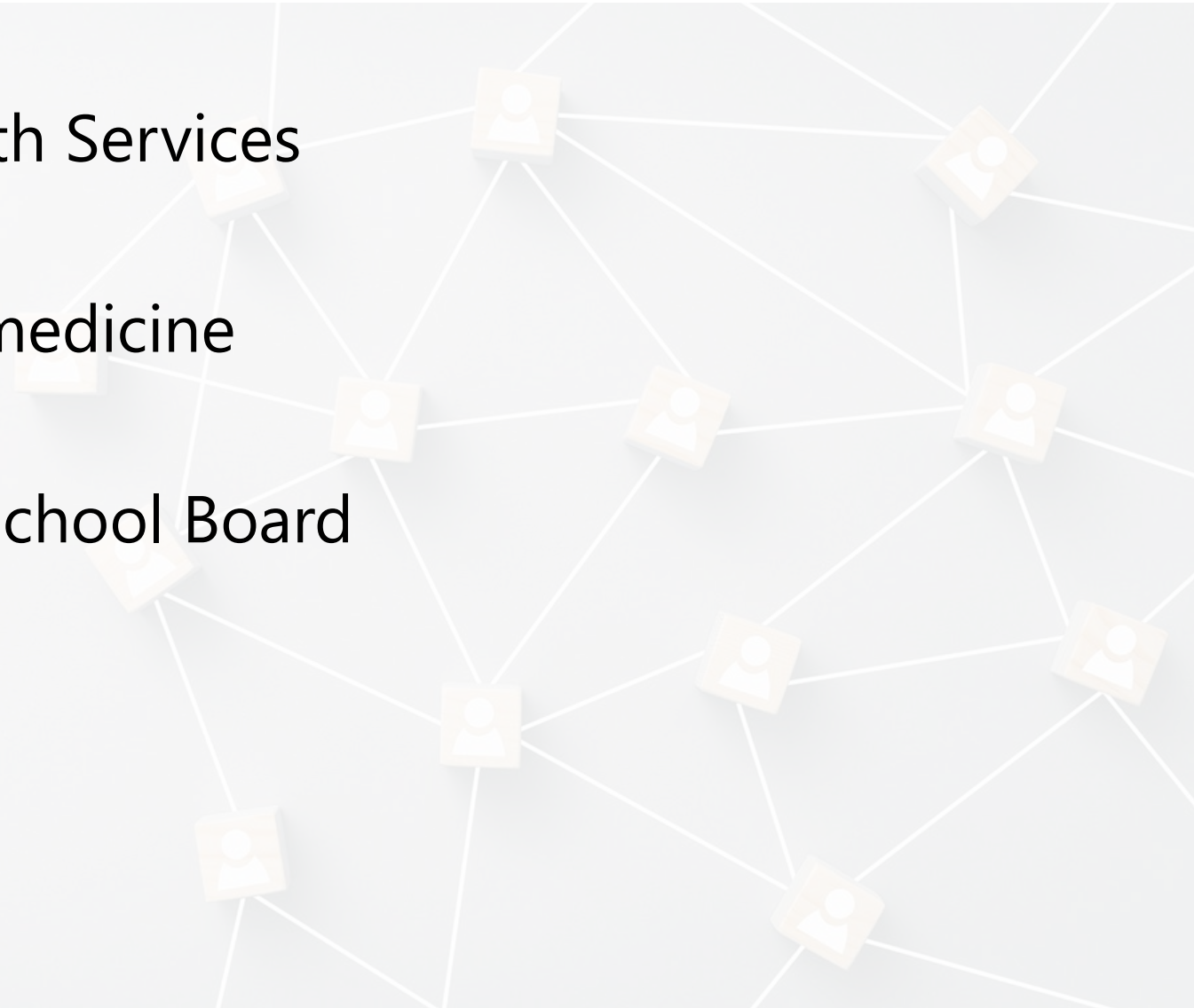
- 335 students screened in school for dental decay
- 8 school-based immunization clinics
- 120 home visits for Healthy Babies Healthy Children
- 11 sexual health clinics
- 12 office-based immunization clinics

Other:

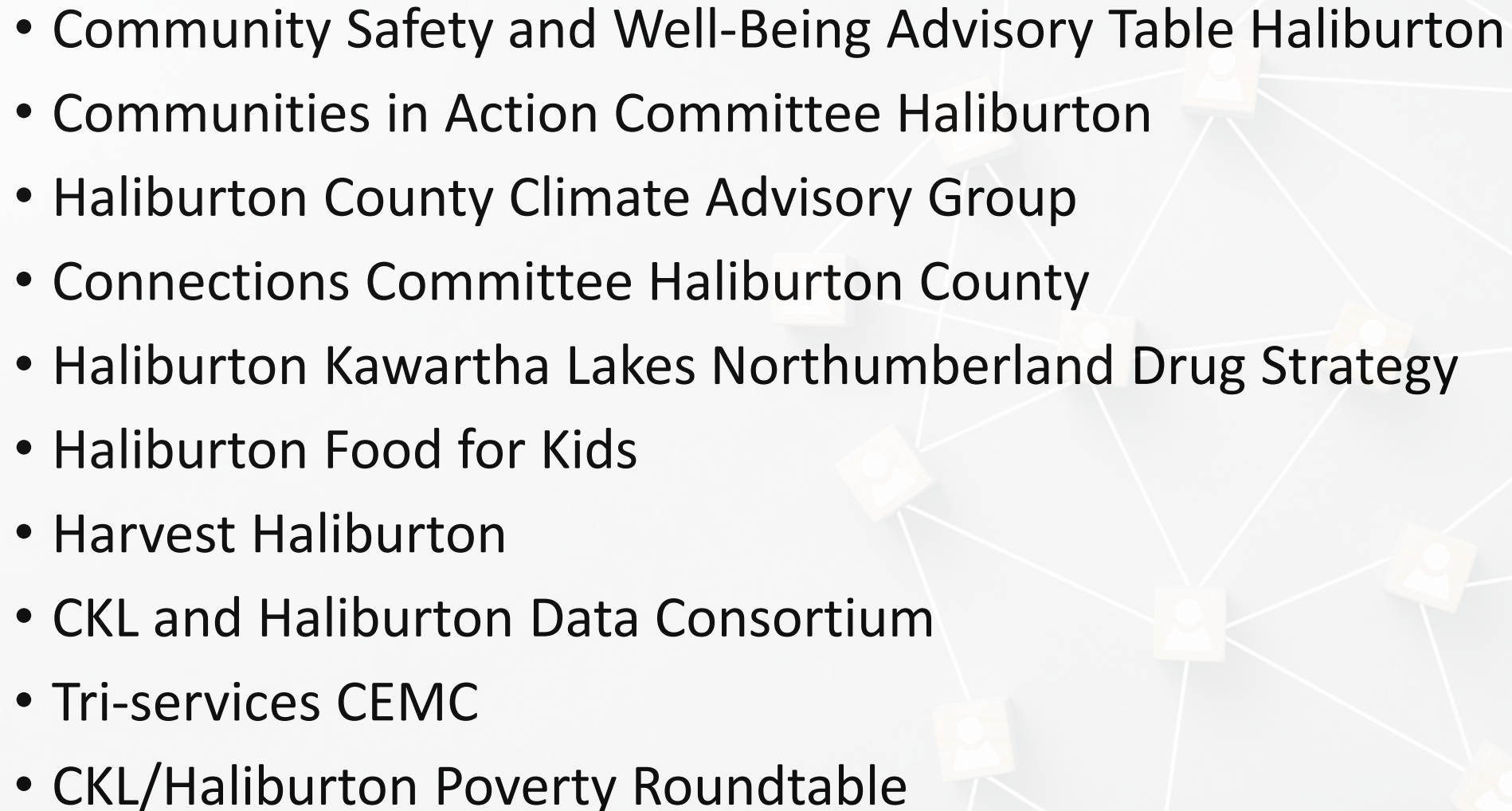
- 4120 sterile needles distributed
- 44 naloxone kits distributed
- 205 cases of “Infectious Diseases of Public Health Significance”

Partnerships in Haliburton County

- Haliburton Highlands Health Services
- HH Family Health Team
- EMS and Community Paramedicine
- Municipalities
- Trillium Lakelands District School Board
- Point in Time
- CMHA HKPR



Groups/Committees - Partnerships

- Community Safety and Well-Being Advisory Table Haliburton
 - Communities in Action Committee Haliburton
 - Haliburton County Climate Advisory Group
 - Connections Committee Haliburton County
 - Haliburton Kawartha Lakes Northumberland Drug Strategy
 - Haliburton Food for Kids
 - Harvest Haliburton
 - CKL and Haliburton Data Consortium
 - Tri-services CEMC
 - CKL/Haliburton Poverty Roundtable
- 
- A background graphic consisting of a network of white lines connecting several light-colored square icons, each containing a stylized person silhouette. The icons are arranged in a non-uniform pattern across the slide, with lines connecting them to form a web-like structure.

Looking to the future

Strengthening Public Health – provincial policy direction

1. Voluntary mergers of small/medium health units
2. Review of the Ontario Public Health Standards
3. Review of the funding formula for health units

Boards of health for HKPR District Health Unit and Peterborough Public Health pursuing merger

- Anticipate provincial approval this summer
- For implementation January 2025



‘Healthy People, Healthy Communities.’

Reach Out to Us

1-866-888-4577

info@hkpr.on.ca

hkpr.on.ca



OUR VALUES • TRUST • ENGAGEMENT • ACCOUNTABILITY • LEADERSHIP



Dr. Natalie Bocking, Medical Officer
Thank you!

<https://www.hkpr.on.ca/>



Minor Ailments

Gary Chow, Pharmacy Manager





Minor Ailments

Rexall Haliburton



What are minor ailments?

Minor ailments are described as health conditions that can be managed with minimal treatment and/or self-care strategies.

Additional criteria include:

- Usually a short-term condition
- Lab results aren't usually required
- Low risk of treatment masking underlying conditions
- No medication or medical history red flags that could suggest a more serious condition
- Only minimal or short-term follow-up is required



- Acne
- Allergic rhinitis
- Aphthous Ulcers (canker sores)
- **Candidal stomatitis (oral thrush)**
- **Conjunctivitis (bacterial, allergic and viral)**
- Dermatitis (atopic, eczema, allergic and contact)
- Diaper dermatitis
- Dysmenorrhea
- Gastroesophageal reflux disease (GERD)
- Hemorrhoids
- Herpes labialis (cold sores)
- Impetigo
- Insect bites and urticaria (hives)
- **Tick bites, post-exposure prophylaxis to prevent Lyme disease**
- Musculoskeletal sprains and strains
- Nausea and vomiting of pregnancy
- Pinworms and threadworms
- **Urinary tract infections (uncomplicated)**
- Vulvovaginal candidiasis (yeast infection)

Step By Step Workflow



Patient Walk-In

- Awareness of service due to internal / external Marketing



Pharmacist Assessment

- Reimbursement (Complete claim within Propel)
- Assessment completed on intake algorithm
- Identifies if Pharmacist Treatment is appropriate
- OR
- Refers to physician



PLAN

- Rexall Pharmacist completes Clinical documentation generating an Rx
- Dispense treatment if appropriate
- Provide patient with any necessary resources



FAX

- Notifies the primary physician.



Follow-Up

- If a treatment is recommended, Rexall RPh to schedule a follow-up

Medication List



Ontario College
of Pharmacists
Putting patients first since 1827

Minor Ailments: Drug Classes and Specified Drugs (Schedule 4 of O. Reg. 202/94)

Acne (mild): Skin & Mucous Membrane Agents <ul style="list-style-type: none"> Adapalene Azelaic acid Benzoyl peroxide Clindamycin Dapsone Erythromycin Glycolic acid Salicylic acid Tazarotene Tretinoin Trifarotene 	Dermatitis (diaper): Antifungals <ul style="list-style-type: none"> Ciclopirox Clotrimazole Ketoconazole Miconazole Nystatin 	Insect bites and urticaria: Antihistamines <ul style="list-style-type: none"> Bilastine Cetirizine Chlorpheniramine Cyproheptadine Desloratadine Diphenhydramine Fexofenadine Hydroxyzine Loratadine Rupatadine
Allergic rhinitis: Antihistamines <ul style="list-style-type: none"> Azelastine Bilastine Cetirizine Cyproheptadine Desloratadine Fexofenadine Loratadine Olopatadine Rupatadine 	Dermatitis (diaper): Anti-inflammatory Agents <ul style="list-style-type: none"> Desonide Hydrocortisone 	Insect bites and urticaria: Antipruritics and Anti-inflammatory Agents <ul style="list-style-type: none"> Benzocaine Calamine Camphor Desonide Hydrocortisone Lidocaine Menthol Pramoxine Zinc oxide
Allergic rhinitis: Corticosteroids <ul style="list-style-type: none"> Beclomethasone Budesonide Ciclesonide Fluticasone Mometasone Triamcinolone 	Dysmenorrhea: Nonsteroidal Anti-inflammatory Agents <ul style="list-style-type: none"> Acetylsalicylic acid (ASA) Celecoxib Diclofenac Flurbiprofen Ibuprofen Ketoprofen Mefenamic acid Naproxen 	Musculoskeletal sprains and strains: Analgesics <ul style="list-style-type: none"> Acetaminophen
Candidal stomatitis: Antifungals <ul style="list-style-type: none"> Nystatin 	Gastroesophageal reflux disease (GERD): Antacids and Adsorbents <ul style="list-style-type: none"> Alginic acid Aluminum hydroxide Calcium carbonate Magnesium salts 	Musculoskeletal sprains and strains: Nonsteroidal Anti-inflammatory Agents <ul style="list-style-type: none"> Acetylsalicylic acid (ASA) Celecoxib Diclofenac Flurbiprofen Ibuprofen Ketoprofen Mefenamic acid Naproxen
Conjunctivitis (bacterial, allergic or viral): Antiallergic Agents <ul style="list-style-type: none"> Antazoline Bepotastine Cromolyn sodium (Sodium cromoglycate) Ketotifen Lodoxamide Olopatadine Pheniramine 	Gastroesophageal reflux disease (GERD): Histamine H₂-Antagonists <ul style="list-style-type: none"> Cimetidine Famotidine Nizatidine Ranitidine 	Nausea and vomiting of pregnancy: Antiemetics and Antinauseants <ul style="list-style-type: none"> Dimenhydrinate Diphenhydramine Doxylamine Promethazine Pyridoxine
Conjunctivitis (bacterial, allergic or viral): Antibacterials <ul style="list-style-type: none"> Erythromycin Fusidic acid Gramicidin Polymyxin B Tobramycin Trimethoprim 	Gastroesophageal reflux disease (GERD): Proton-Pump Inhibitors <ul style="list-style-type: none"> Dexlansoprazole Esomeprazole Lansoprazole Omeprazole Pantoprazole Rabeprazole 	Oral aphthae: Anti-inflammatory Agents <ul style="list-style-type: none"> Triamcinolone
Conjunctivitis (bacterial, allergic or viral): Vasoconstrictors <ul style="list-style-type: none"> Naphazoline Oxymetazoline Phenylephrine Tetrahydrozoline 	Hemorrhoids: Skin and Mucous Membrane Agents <ul style="list-style-type: none"> Dibucaine (Cinchocaine) Esculin (Aesculin) Framycetin (Neomycin B) Hydrocortisone Phenylephrine Pramoxine Zinc sulfate 	Pinworms/Threadworms: Anthelmintics <ul style="list-style-type: none"> Mebendazole Pyrantel pamoate
Dermatitis (atopic/eczema, allergic or contact): Anti-inflammatory Agents <ul style="list-style-type: none"> Beclomethasone Beclomethasone valerate Clobetasone Crisaborole Desonide Fluocinolone Hydrocortisone Prednicarbate Triamcinolone 	Herpes labialis: Anti-inflammatory Agents <ul style="list-style-type: none"> Hydrocortisone 	Tick bites, post-exposure prophylaxis to prevent Lyme disease: Antibacterials <ul style="list-style-type: none"> Doxycycline
	Herpes labialis: Antivirals <ul style="list-style-type: none"> Acyclovir Docosanol Famciclovir Valacyclovir 	Urinary tract infection (uncomplicated): Urinary Anti-infectives <ul style="list-style-type: none"> Fosfomicin Nitrofurantoin Sulfamethoxazole Trimethoprim
	Impetigo: Antibacterials <ul style="list-style-type: none"> Bacitracin Fusidic acid (Sodium fusidate) Gramicidin Mupirocin Ozenoxacin Polymyxin B 	Vulvovaginal candidiasis: Antifungals <ul style="list-style-type: none"> Clotrimazole Fluconazole Miconazole Terconazole

October 2023



Safeguards

Being a newer program to Ontario, there are a lot of safeguards in place.

- Red flags
- The algorithm is a strict guideline for pharmacists. We are not physicians and will refer when appropriate.
- Common red flags in store are: Male UTI (automatically complicated), UTI (urinary tract infection) with significantly reduced CrCl (creatinine clearance), oral thrush with dentures
- Follow-up calls are made at appropriate timeframes. Failure to resolve or red flags that are brought up after treatment will result in communication from the pharmacy and we will of course encourage patients to contact their primary care provider.





Gary Chow, Pharmacy Manager
Thank you!

https://www.rexall.ca/storelocator/store/6999/?vendor_locator_referrer



Services Offered by Local Pharmacists

Lauren Wilson, Community Pharmacist



About us . . .



- Born and raised in Haliburton, Lauren graduated from Haliburton Highlands Secondary School in 1997. In 2001, Lauren obtained her Bachelor of Science degree at the University of Guelph. In 2005, she completed her degree in pharmacy at the Leslie Dan Faculty of Pharmacy at the University of Toronto.
- As a pharmacy student, she worked summers at Konop Chemists in Toronto and completed a placement at Providence Healthcare. After finishing her formal training, she took a position as a staff pharmacist at Loblaw Pharmacy where she worked full-time while also doing part-time relief pharmacy work for several years in the Muskoka area. In 2010, she was promoted to Pharmacy Manager at Loblaw and has spent the last 18+ years caring for patients in her community.
- After almost two decades practicing in the same corporate location, Lauren decided to make a major pivot in her career moving by from employee to business owner. It was not a decision that she took lightly but, with the support of her family and close friends, she jumped into the role with both feet.
- Lauren has spent the last two decades gaining valuable experience in the pharmacy world, meeting the most wonderful people and acquiring the knowledge to take on her new role an entrepreneur.
- Lauren is eager to open her doors and to continue serving the amazing people of Haliburton County.

Haliburton village pharmacy

A full-service pharmacy with a front shop including over-the-counter medications and health + beauty items.

Giftware section featuring local vendors as well as products made and sold from small businesses in Canada.

Free Wi-Fi and a comfortable seating area with a tv while patients wait.

Haliburton Village Pharmacy

will be offering
the following
services:

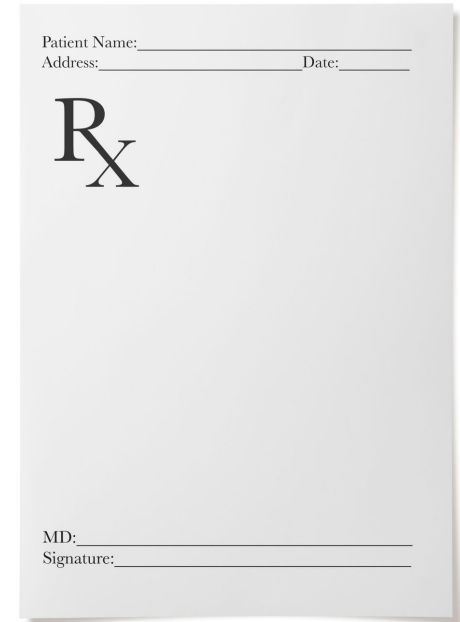


Minor ailments prescribing

- Minor ailments can often be managed with minimal treatment
- Pharmacists are medication experts that have the training and clinical expertise necessary to prescribe medications and recommend self-care strategies
- All minor ailments require proper assessment by the pharmacist
- May result in referral to family practitioner for further medical evaluation
- Free service funded by the government
- Appointment-based service either in person or by phone (walk-in appointments may be available but wait times will vary)

Paxlovid prescribing (to treat Covid)

- Pharmacists can prescribe Paxlovid to eligible* individuals in-person
- Therapeutic assessment required
- Must be started within 5 days of symptoms appearing



Patient Name: _____
Address: _____ Date: _____

R_x

MD: _____
Signature: _____

* people over the age of 60, anyone who is 18 years of age or older and is immunocompromised, as well as people between the ages of 18 and 59 with chronic medical conditions or who are not up to date on their vaccines

Tamiflu prescribing (to treat influenza)



Pharmacists can prescribe Tamiflu to eligible* individuals in-person or virtually



Therapeutic assessment required



Listed on ODB Formulary as a Limited Use benefit and is funded under the ODB program for eligible recipients



Must be started within 2 days of symptoms appearing

MedsCheck Program

- This program helps ensure that patients are getting the most benefit from their medications and that they are taking them as prescribed
- Anyone taking a minimum of 3 medications and who has an Ontario health card is eligible



flu shots (2 years old and up)

Historically, flu vaccine is available mid-October for high-risk patients

Late-October/early November for general population



convenience/compliance packaging

- Improves medication adherence rates which leads to better health outcomes and reduced hospitalizations
- Patients find it easier to manage their medications > decreasing likelihood of missed doses



home health care supplies

- I will have a limited selection of home health care products (KT tape, diabetic socks, compression stockings, ankle/wrist braces, slings, canes)
- I have set up a wholesale account with Best Buy Medical – ostomy/urinary incontinence/diabetic supplies, wound care, etc.
- For a more comprehensive selection, I will be referring my patients to Highlands Medical Supply esp for mobility aids and safety equipment



✓ prescription
delivery within the
Village



Will be offering in-town delivery of
prescription medications

✓ diabetes
management
support and
education



compounding services

Drugs that are made by combining, mixing, or alternating ingredients to create a medication tailored to the needs of an individual patient

- Level A (simple) compounding services on-site at Haliburton Village Pharmacy
- More complex compounding will be outsourced to central fill sites to ensure continuity of care and make it easier for patients to get specialty compounds without leaving town



eCare@Pharmasave



- Digital tools designed to simplify the way patients manage their health
- Allows patients to manage, order, refill and transfer your prescriptions from the convenience of your device
- Get tax receipts generated without visiting the store
- Customize notifications – decide how to be reminded about refills, renewals, pickups
- Ability for virtual consultations
- Appointment scheduler – plan ahead and book appointments for services such as flu shots and medication reviews

Other services at Haliburton Village Pharmacy:

- As I have done in the past, I will continue to go off-site to run flu clinics (early Fall) I to ensure members of the community who can't easily get around are vaccinated
- In addition to a private counselling room, I have built a clinic room available for:
 - Local health care professionals to rent (diabetic foot care, hearing tests, etc)
 - Telemedicine for patients who do not have access to a computer or reliable internet
- I have purchased a professional blood pressure monitor and will be offering free blood pressure checks
 - Not a kiosk
 - I can see first-hand if BPs are running high and work with patient to educate them on how to control BP ; refer to MD if necessary

LOCAL PHARMACY, LOCAL CARE



HALIBURTON
VILLAGE
PHARMACY

- I believe pharmacists are an underutilized resource as the most accessible healthcare professional
- Getting care from a pharmacist is convenient and efficient
- I would like to establish strategic community partnerships to enhance my service offerings
- I hope to use my ability to prescribe for Minor Ailments, provide vaccination clinics, conduct medication reviews, etc to reduce the burden on the healthcare system in our community

Thank you for supporting small business



Lauren Wilson, Community Pharmacist
Thank you!



Midwifery Services

Annalee Winter, Registered Midwife





Haliburton & Bancroft Midwives



Annalee Winter RM, MSc

Office: 705-457-9992

Email: annalee@hbmw.ca





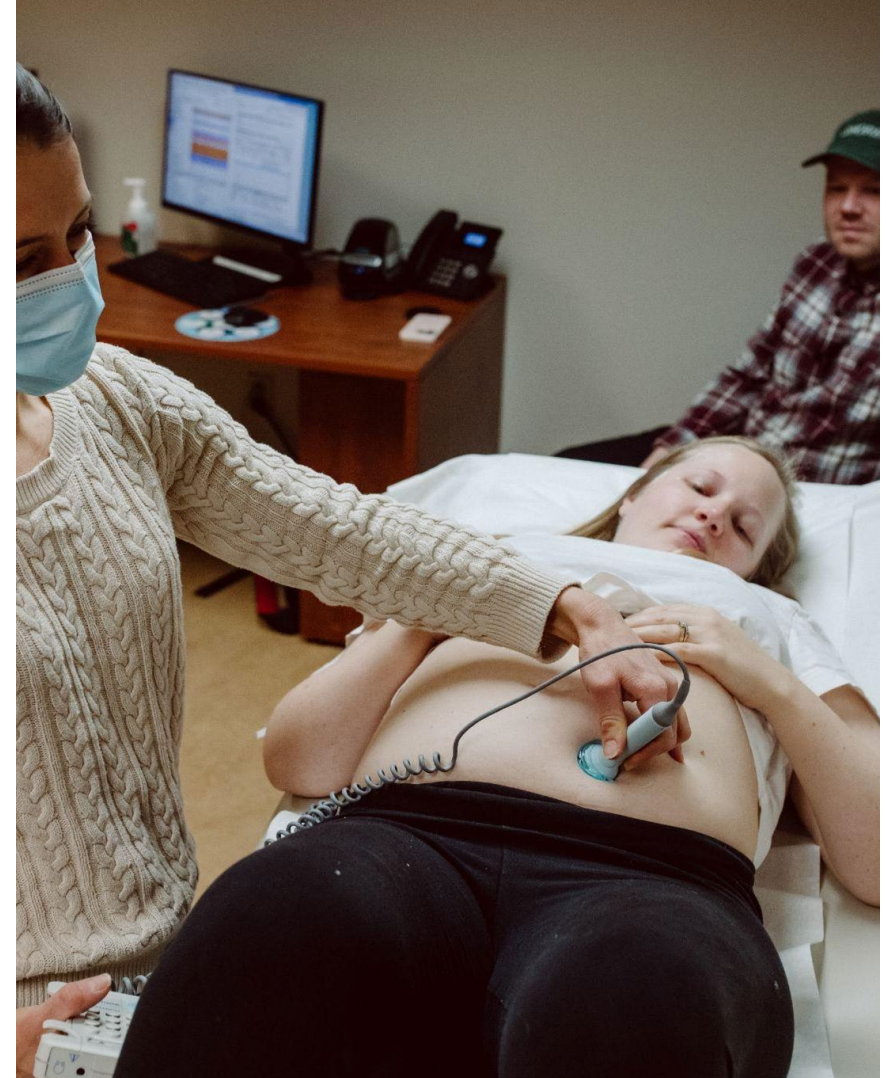
Haliburton & Bancroft Midwives

Proudly serving this rural community since 2008.

- Catchment area spans an extensive region (Haliburton, Minden, Algonquin Highlands, Highland Groove, Maynooth, Coe Hill, Bancroft)
- 2 clinic sites: 7217 Gelert Road, Haliburton & 174 Hastings St. North, Bancroft
- Hospital privileges Peterborough Regional Health Centre (PRHC)
- Courtesy privileges at HHHS

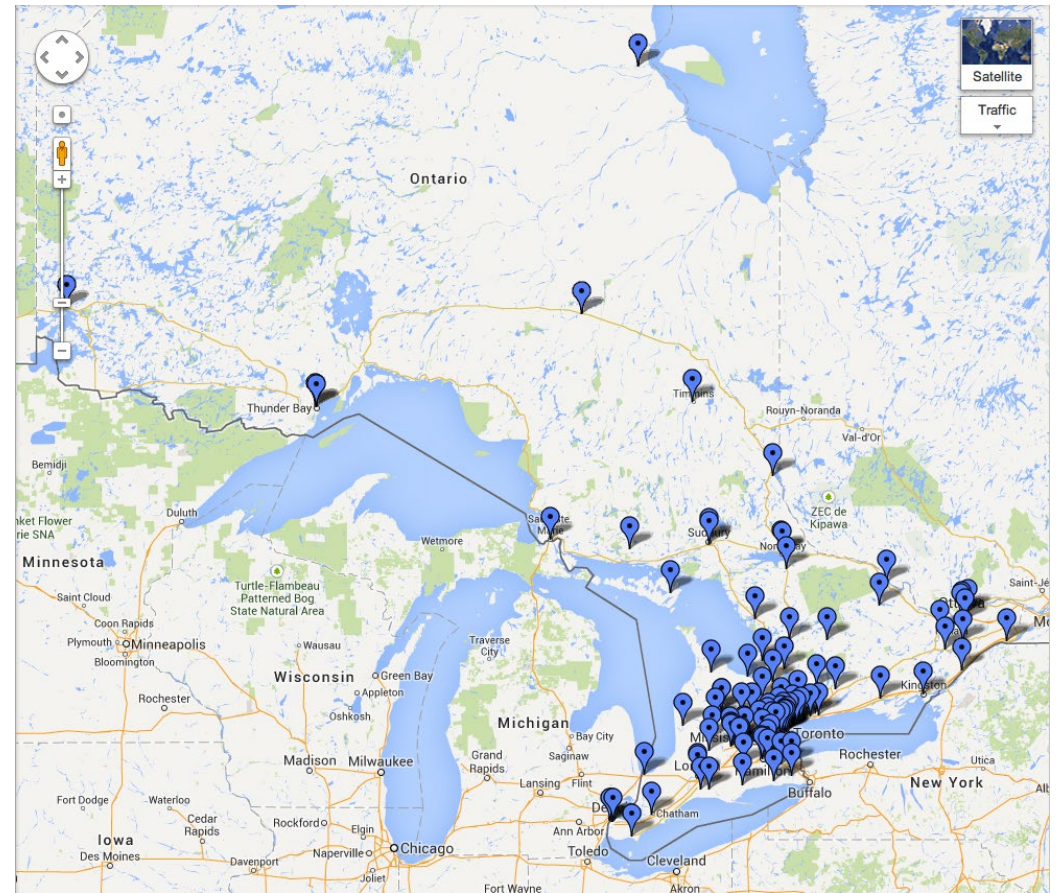
What is a Registered Midwife?

- Registered health professional providing **primary care** to pregnant people and babies
- Pregnancy, birth and six weeks after birth



Ontario Midwifery Organizations

- Midwifery serves **250+ communities**
- **122** hospitals
- **3** birth centres
- **1,061** midwives
- **15** Indigenous or Aboriginal Midwives under exemption
- Growing number of **Expanded Midwifery Care Models (EMCMs)** and **Indigenous Midwifery Programs (IMPs)**



Midwifery Education Pathways

- Midwifery Education Program
- Aboriginal Midwifery Training Program
- Orientation and Assessment Program for Internationally Trained Midwives
- Midwifery Post-Baccalaureate Program for Health Professionals
- Apprenticeship



Midwifery model of care

INFORMED CHOICE

AUTONOMY

**CHOICE OF
BIRTHPLACE**

**EVIDENCE-BASED
PRACTISE**

**CONTINUITY OF
CARE**

Clients Who Want Midwifery Care

- Come from diverse demographics
- Are looking for lower rates of intervention
- Want continuity of care



Midwifery Outcomes



Midwife-led continuity models vs. other models of care for childbearing women

Jane Sandall, Hora Soltani, Simon Gates, Andrew Shennan, Declan Devane (First published: 28 April 2016)

Authors' conclusions

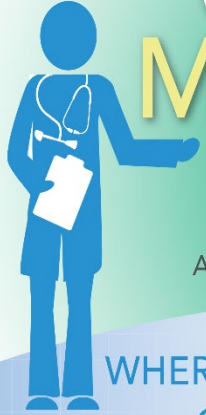
*This review suggests that pregnant people who received midwife-led continuity models of care were **less likely to experience intervention** and **more likely to be satisfied with their care** with at least **comparable adverse outcomes** with those who received other models of care.*

Midwifery Outcomes



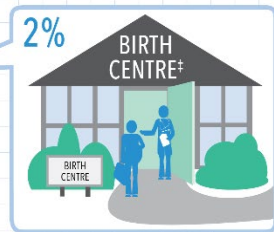
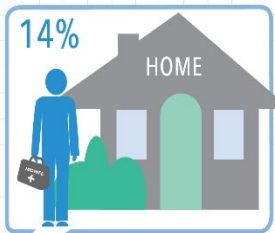
Giving birth with MIDWIVES in ONTARIO

Based on BORN* data from APRIL 1, 2020 to MARCH 31, 2021

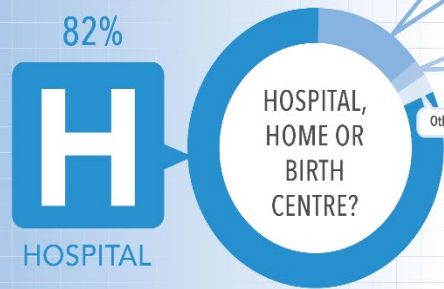


WHERE CLIENTS GIVE BIRTH

Midwifery clients can choose to give birth in hospital, at home or at a birth centre.

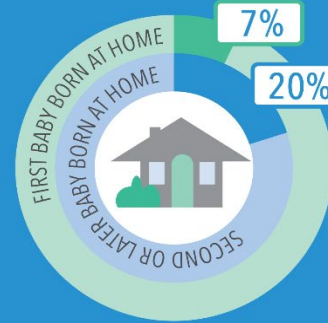


[†] Birth centres are only currently available in Ottawa and Toronto.

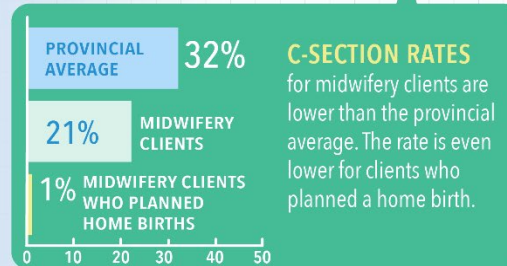
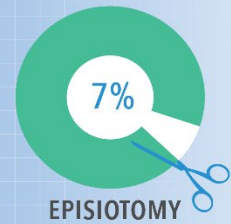
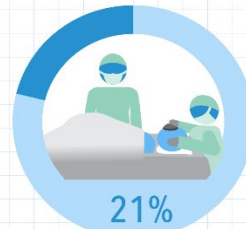
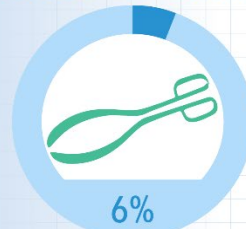
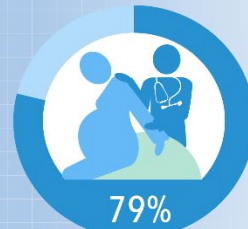


HOME BIRTH RATES

Most clients having their first baby choose to give birth in hospital. But the percentage who choose home birth more than doubles for second or later babies.

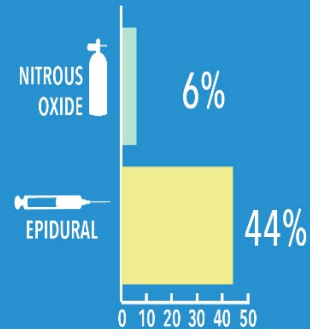


TYPES OF BIRTH



C-SECTION RATES for midwifery clients are lower than the provincial average. The rate is even lower for clients who planned a home birth.

PAIN RELIEF

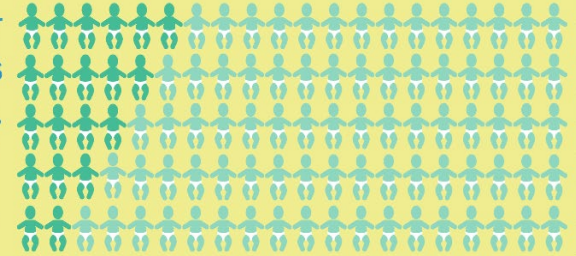


FEEDING



74% of babies with midwives were exclusively nursing at 6 weeks.

Midwives cared for 20% of Ontario's 131,580 births.
26,451



*BORN (Better Outcomes Registry and Network) is an Ontario-wide database with information about all pregnancies and births in the province. Midwives, family doctors, obstetricians and other healthcare providers are required to enter data into BORN for every pregnancy and birth. The Association of Ontario Midwives can access standardized reports based on data entered into BORN by midwives. This information is aggregated and anonymized. All inferences, opinions, and conclusions drawn in this publication are those of the authors, and do not necessarily reflect the opinions or policies of BORN Ontario. Cite: Better Outcomes Registry and Network (BORN) Ontario. Years Provided: April 1, 2018 - March 31, 2021. Resource Type: Tabulated data. Date of extract: February 1, 2022.

Midwives at Home Births

- Roughly 2500 home births in Ontario per year
- In Ontario, home birth is at least as safe an option as hospital birth.



Midwifery Care in Hospitals



- Short hospital stays (45.4% discharged within first 24 hours after a vaginal delivery)
- Postpartum care in community
- Manage emergencies

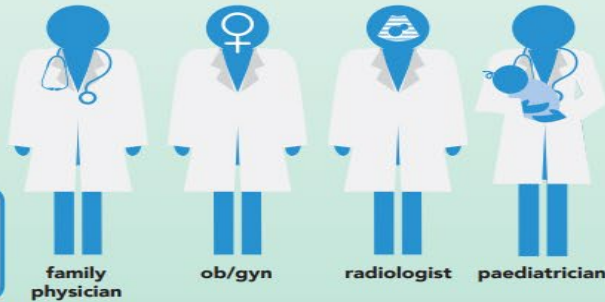
Interprofessional Collaboration



Midwives and interprofessional collaboration

Interprofessional collaboration ensures the client is kept at the centre of her care. She gets what she needs from the health care system - the right care at the right time from the right provider. Midwives collaborate with health care colleagues regarding individual client care, community and hospital policies, and provincial-level strategy and planning.

Midwives may consult with various specialists while caring for both client and baby, or the midwife may provide all of the primary care needed for both the client and baby, from conception to six weeks postpartum.

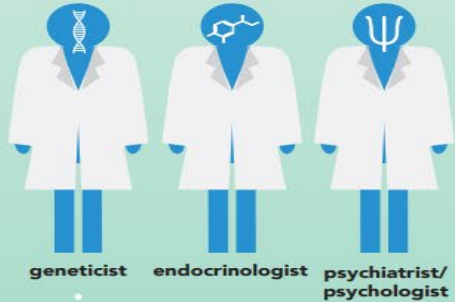


family physician

ob/gyn

radiologist

paediatrician



geneticist

endocrinologist

psychiatrist/psychologist

Collaboration is an essential precondition for successful interprofessional care. The midwifery model of practice contains explicit expectations outlining the fundamental role of collaboration between midwives, and between midwives and other providers.

In addition, midwives' practices are underpinned by the primacy of women's participation in their own care, including the decision about choice of birthplace. Collaboration has been and continues to be a key tenet for Ontario midwives.



AOM position statement
Midwives and
Interprofessional Care

During labour, midwives may also collaborate with nurses, nurse practitioners and paramedics, if the client has been transferred from a home or birth centre birth if needed. The midwife may also provide all of the care during labour.



registered nurse

nurse practitioner

paramedic



social worker

dietitian

lactation consultant

We have a plan to transform Ontario's health care system to meet these goals for patients and ensure our system is sustainable for our children and grandchildren.

At the heart of our action plan is a commitment to ensure that patients receive timely access to the most appropriate care in the most appropriate place.

The right care also means care that is provided by the appropriate health-care professional. We have taken steps to expand the scope of practice of a number of health care professionals [including midwives]...so that they are contributing their full potential to the benefit of patients.

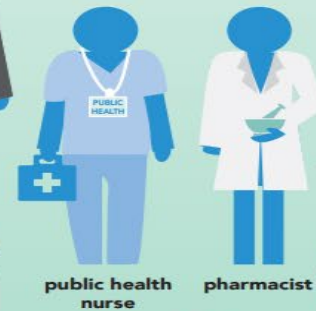
The Ontario Hospital Association supports the integration of midwives into the services provided by Ontario hospitals, and recognizes midwifery as a reliable and effective means of providing high-quality maternal and newborn services.

The midwifery model of care is collaborative and involves ongoing dialogue and relationships with other members of the maternal-newborn team. It is essential that the various maternity care providers work collaboratively to deliver the best quality of care in every health care setting.

Ontario Hospital Association
Resource Manual
for Sustaining Quality
Midwifery Services in Hospitals



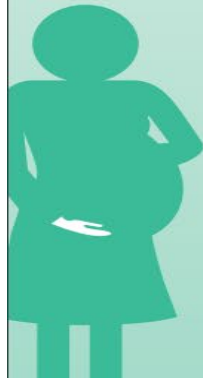
In addition, midwives may collaborate with other health professionals depending on the needs of the client. These may include pharmacists, public health nurses, social workers, dietitians, and lactation consultants.



public health nurse

pharmacist

Ontario's Action
Plan For
Health Care



Midwifery Services by Haliburton-Bancroft Midwives

Free, local, expert care for low risk pregnant people and newborns - from early pregnancy to ~6 weeks postpartum

Expanded models -
midwifery access program
(MAP)

Funded - Ministry of Health
For non-midwife clients





Haliburton & Bancroft Midwives

MIDWIFE ACCESS PROGRAM (MAP)

NEW SERVICES AVAILABLE FOR NON-MIDWIFE CLIENTS
GOVERNMENT FUNDED AND COMMUNITY BASED

AT A GLANCE

- Pregnancy related tests
- PAP and STI check
- Well baby assessment: newborn to 6 weeks including
 - Weight checks
 - Infant feeding support
 - Jaundice assessment
 - Routine newborn screening with NBS, CCHD
 - Newborn general questions
- On-going infant breastfeeding support

MAP: for non-midwife clients

Call now to book 705-457-9992

New local support available to serve our rural community!

Haliburton Office

7217 Gelert Road, Haliburton
1st floor Health Centre building,
through 2nd set of doors,
Please go to waiting room

Bancroft Office

174 Hastings Street North, Bancroft
York River Chiropractor Building
Please knock when you arrive

*Subject to re-scheduling due to births

Follow us on instagram for more programs coming soon!



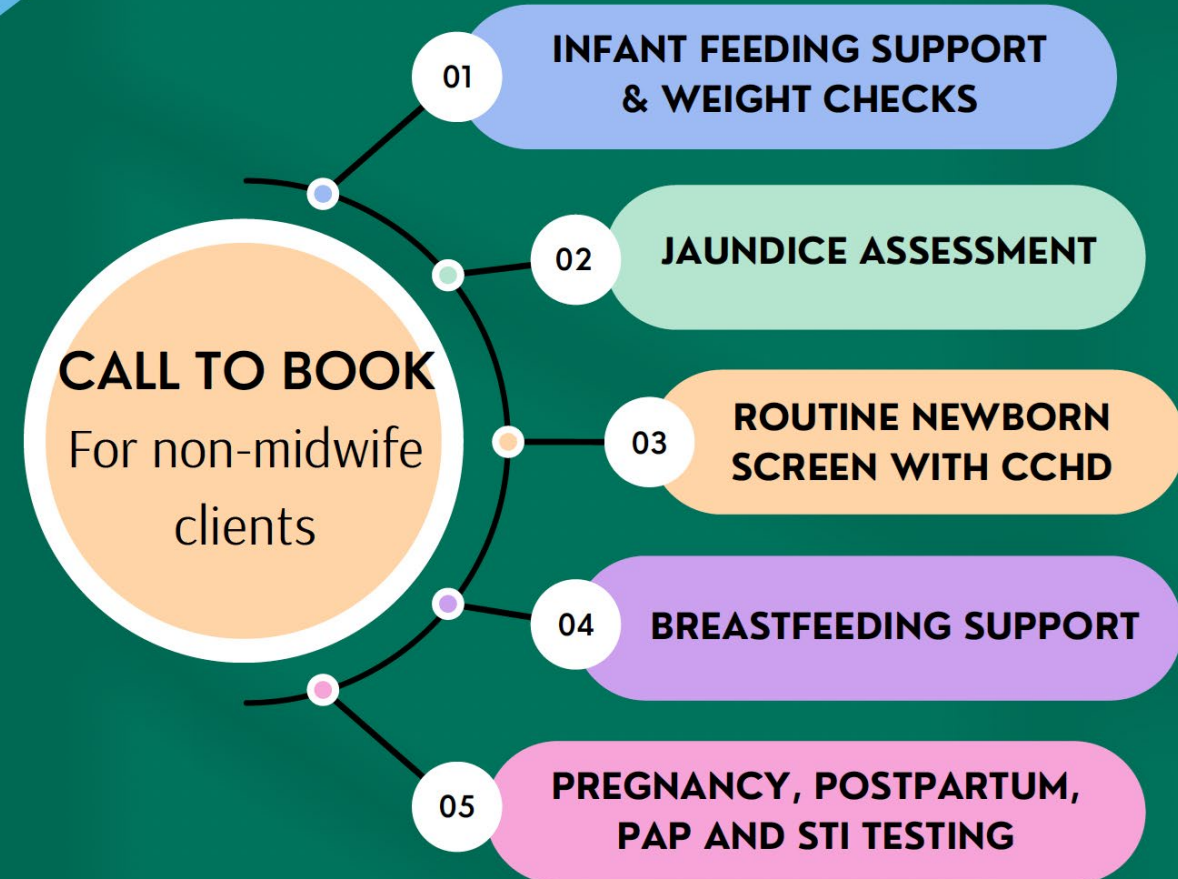
@backcountrymidwives



NEW

MIDWIFERY ACCESS PROGRAM

Local support to better serve our rural community!



CALL OUR OFFICE TODAY 705-457-9992



Thank you!
Questions?



Registered Midwives: Laura Hunt,
Vanessa Johnson, Annalee Winter

Admin support: Elaine Mahler

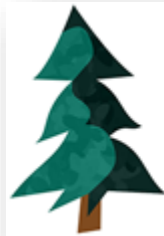
Contact Information:

Office: 705-457-9992

Fax: 705-457-9005

Midwives Pager 24/7: 1-866-217-
4944

Regular office hours: Tue-Thur



Haliburton &
Bancroft
Midwives

Annalee Winter, Registered Midwife
Thank you!

<https://www.hbmw.ca/index.html>



Building Abilities for Life

Darlene Callan, Clinical Services Director



Here to Help:

We're proud to serve children/youth and their families in:

- Haliburton County
- Peterborough
- City of Kawartha Lakes
- Northumberland County

We provide **support** and **services** for **children** and youth with **physical, developmental** and **communication** needs.



What We Believe

Our Vision:

- Building Abilities for Life

Our Mission:

- We're dedicated to working with families and community partners to provide innovative, evidence-based care for children and youth with physical, developmental and communication needs; enhancing their independence and enriching their quality of life.



OUR STRATEGIC PLAN

2023-2025

AWARENESS

We will be louder and braver in our communications to share our stories of success.



WORKPLACE CULTURE & TALENT

We will build a supportive workplace culture that attracts and retains the very best.

BIGGER GIFTS & SUPPORT

We will forge new partnerships and redouble our fundraising efforts to better support and expand our life-changing work for families.



THOUGHT LEADERSHIP

Informed by research and evidence, we will be leaders in advancing and delivering life-changing treatment in our area.

PERSONALIZED CARE PLUS

With the help of families and community partners, we will innovate and explore new ways to meet the needs of our kids and reduce wait times.



Building Abilities for Life!



Bigger, Bolder, Better:

- The work we do is life-changing, ever evolving and never more important.
- We're dedicated to providing next level impact for our kids/clients, families and communities!



At Your Service:

We're here to help your child!

We offer these services or links to support:

- Speech Language Therapy
- Occupational Therapy
- Physiotherapy
- Therapeutic Recreation*
- Social Work Support*
- Augmentative Communication*
- Autism Spectrum Disorder*
Diagnostic Clinic
- Coordinated Services Planning
- Blind-Low Vision Clinic
- Resource Consultation
- Infant Hearing Screening/Follow-up
- School-Based Rehab Services*
- Seating and Mobility Clinic*
- SmartStart Hub
- Tone Clinic*
- Urgent Response Services*

**Referral/diagnosis/assessment may be required for some services*

We're proud to serve families in: Peterborough, Northumberland, Kawartha Lakes and Haliburton

Scan code to
access full details
about our services:



or visit:

[www.fivecounties.on.ca/
our-services/](http://www.fivecounties.on.ca/our-services/)



How to Connect With Us

Visit:

- [www.fivecounties.on.ca/
how-to-make-a-referral](http://www.fivecounties.on.ca/how-to-make-a-referral)



We support kids
and youth from
birth up to age 19
(or age 21 if still
in school)

We do this in
Centre, in school
and online.



Five Counties
CHILDREN'S CENTRE



How We Started

- Five Counties opened its children's treatment centre in Peterborough in 1975.
- We've been serving the Lindsay area since 1981
- In Haliburton County, we began supporting families in the late 1980s



Then and Now

- Number of kids/clients we treated in 1975

130

- Today...



Delivering Results*

6,103
Kids/Clients
Served



53,095
Total
Visits

**Stats cover period
from April 1/23
to March 31/24*

In Haliburton County

We support kids and families in many different ways and places...

Year	Kids/Clients Served in Haliburton County
2020/21	182
2021/22	198
2022/23	236
2023/24	251



In Haliburton County

We provide services to kids and their families in:

- Schools within the Trillium Lakelands District School Board area
- In Centre at Five Counties sites in:
 - HHHS site in Minden
 - Archie Stouffer Elementary School in Minden
- Virtual appointments as needed

Five Counties also has locations in Peterborough, Lindsay, Cobourg and Campbellford



How to Connect to Care

- Families can self-refer their children for many of the services offered at Five Counties Children's Centre.
- Some of our more specialized clinics may require a referral from a doctor.



Click to Connect

- Have concerns about your child's development?
- Visit our **SmartStart Hub** to find services and supports
- Fill in the details and we'll take care of the rest, connecting you to care that's close to home.

Visit:

www.fivecounties.on.ca/smart-start-hub

SmartStart Hub
makes connecting to
care easy for families

"SmartStart Hub was
great and easy to use.
I was at my
child's soccer game and
was able to put a referral
in from my phone."



 Five Counties
CHILDREN'S CENTRE

#BUILDINGABILITIESFORLIFE

WWW.FIVECOUNTIES.ON.CA/SMART-START-HUB/



Five Counties
CHILDREN'S CENTRE





Darlene Callan, Clinical Services Director
Thank you!

<https://www.fivecounties.on.ca/>

Tel: 1-888-779-9916

Web: www.fivecounties.on.ca

Email: info@fivecounties.on.ca




Organized Cancer Screening Programs

Kaitlin Loudon, Primary Care & Community Engagement Lead

**Central East
Regional Cancer Program**

Ontario Health (Cancer Care Ontario)



 (855) 721-4812



**1 in 2 people in Ontario will
get cancer. The 1 out of 2
does not have to be you!**

Learn how to lower your risk of cancer. Know what cancer screening programs are available to you to help find cancer when it is small and easiest to treat.

[Click here](#) for information on other services provided by the Central East Regional Cancer Program.



Ontario Cervical
Screening Program



Ontario Breast
Screening Program



Lower Your Risk
of Cancer



Colon Cancer Check



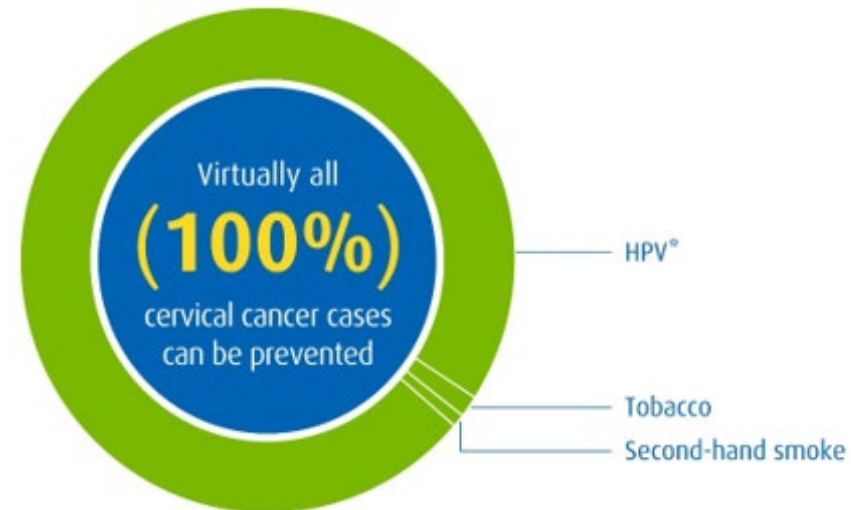
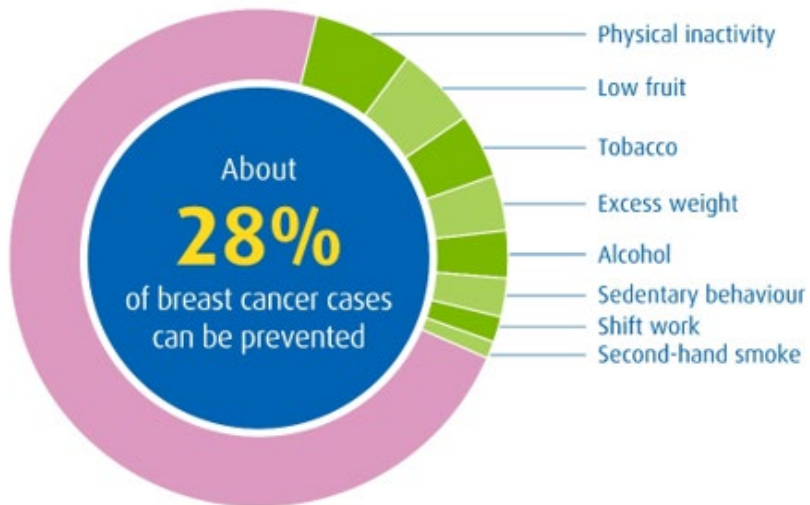
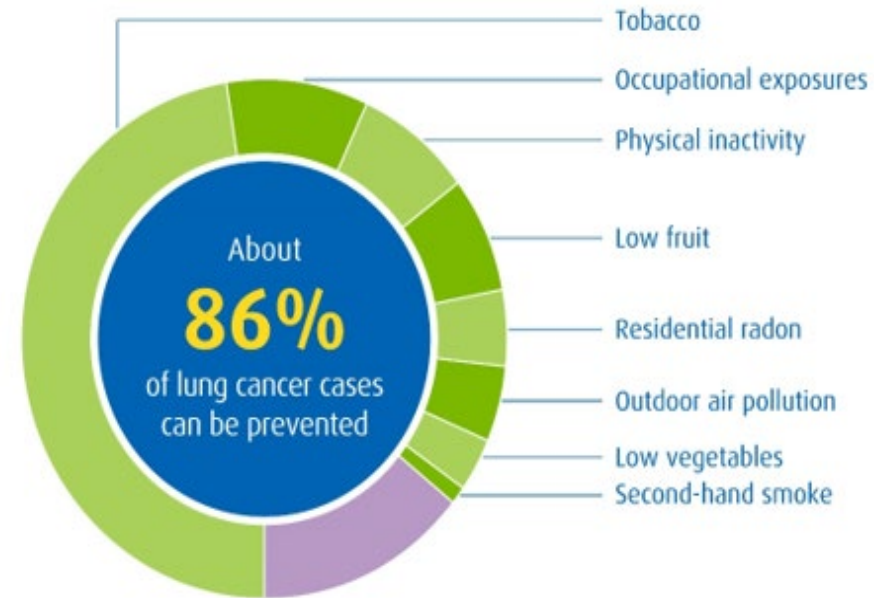
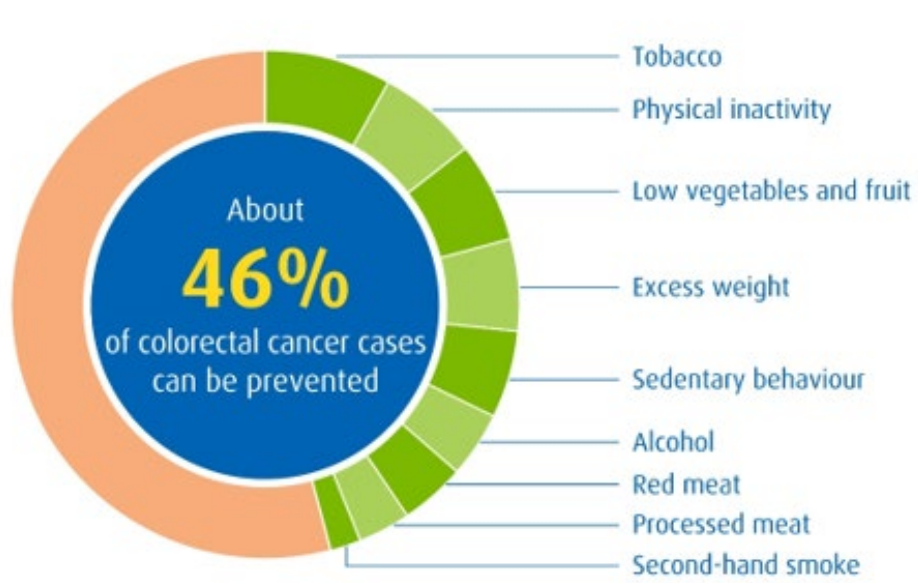
Lung Cancer Screening
for People at High Risk



Community and
Healthcare Provider
Resources

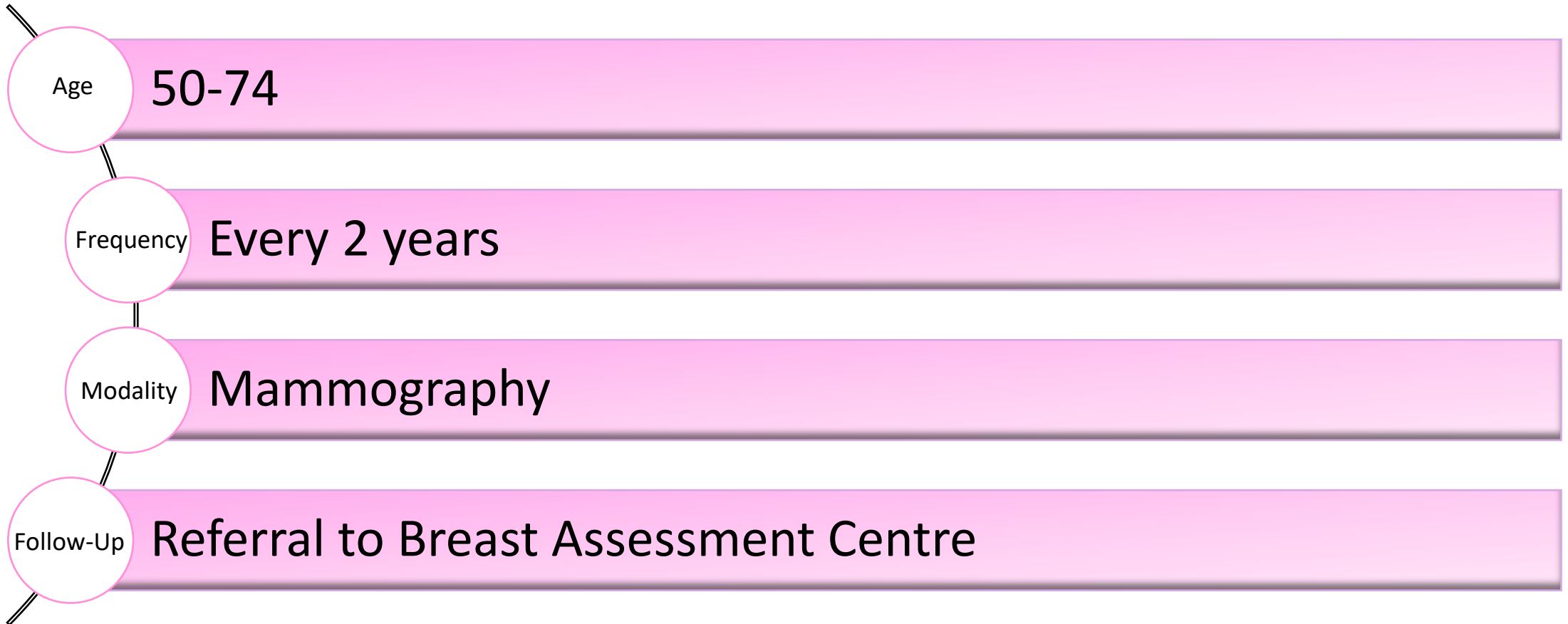


Organized Cancer Screening Programs



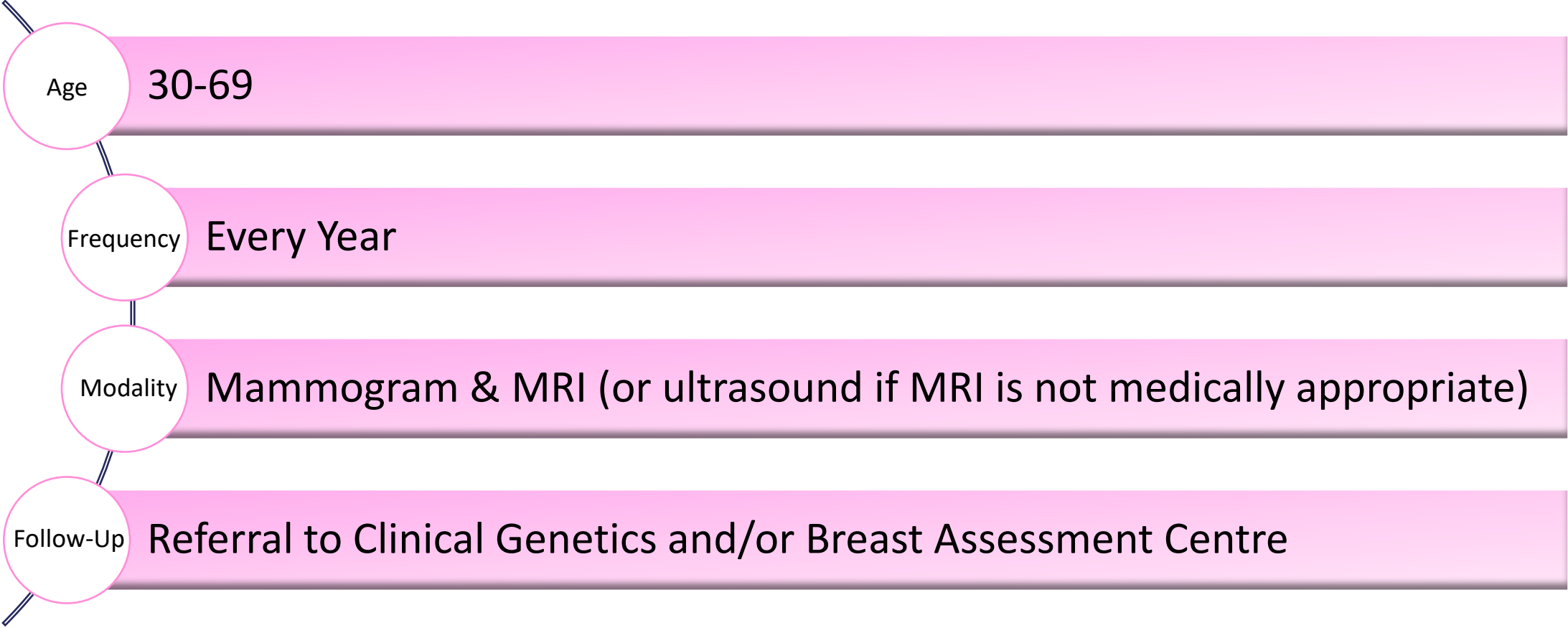
Breast Cancer Screening – Eligibility Criteria

Average Risk: No Family History



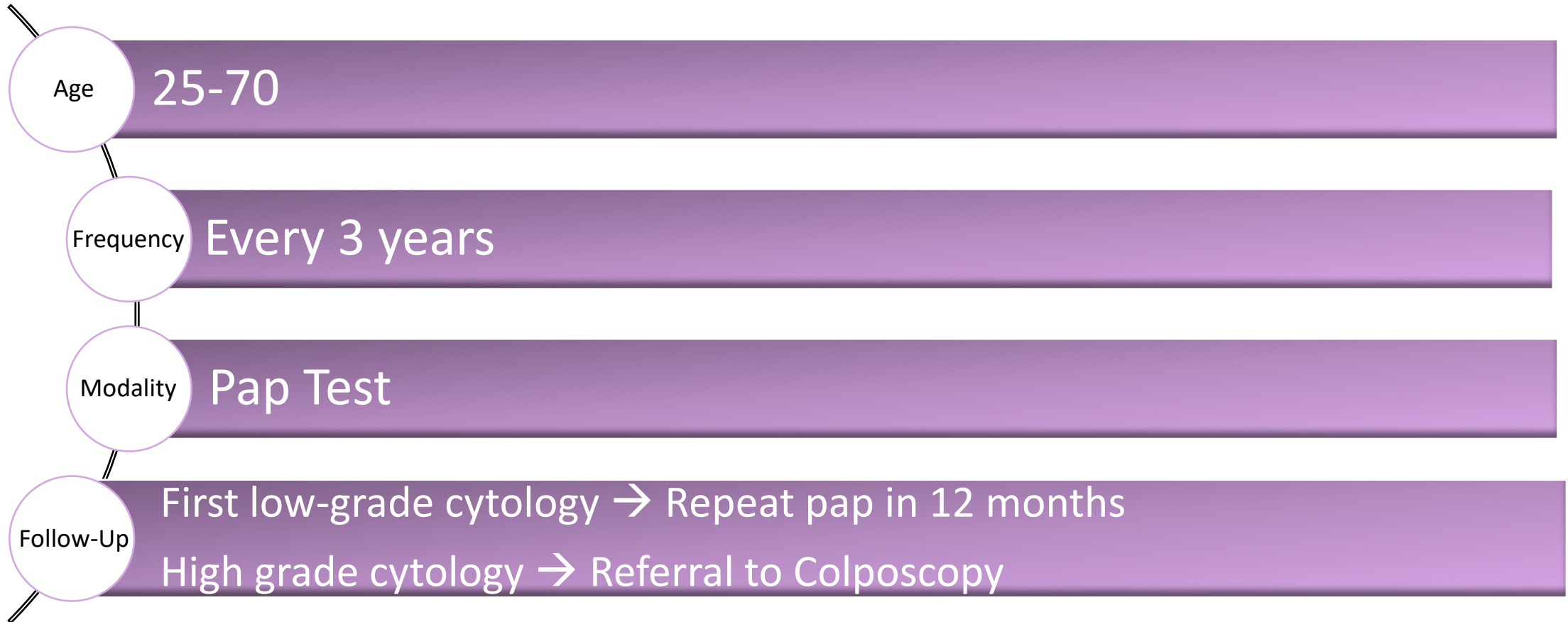
Breast Cancer Screening – Eligibility Criteria

High Risk: Personal or Family History of Breast Cancer* or Known Genetic Changes



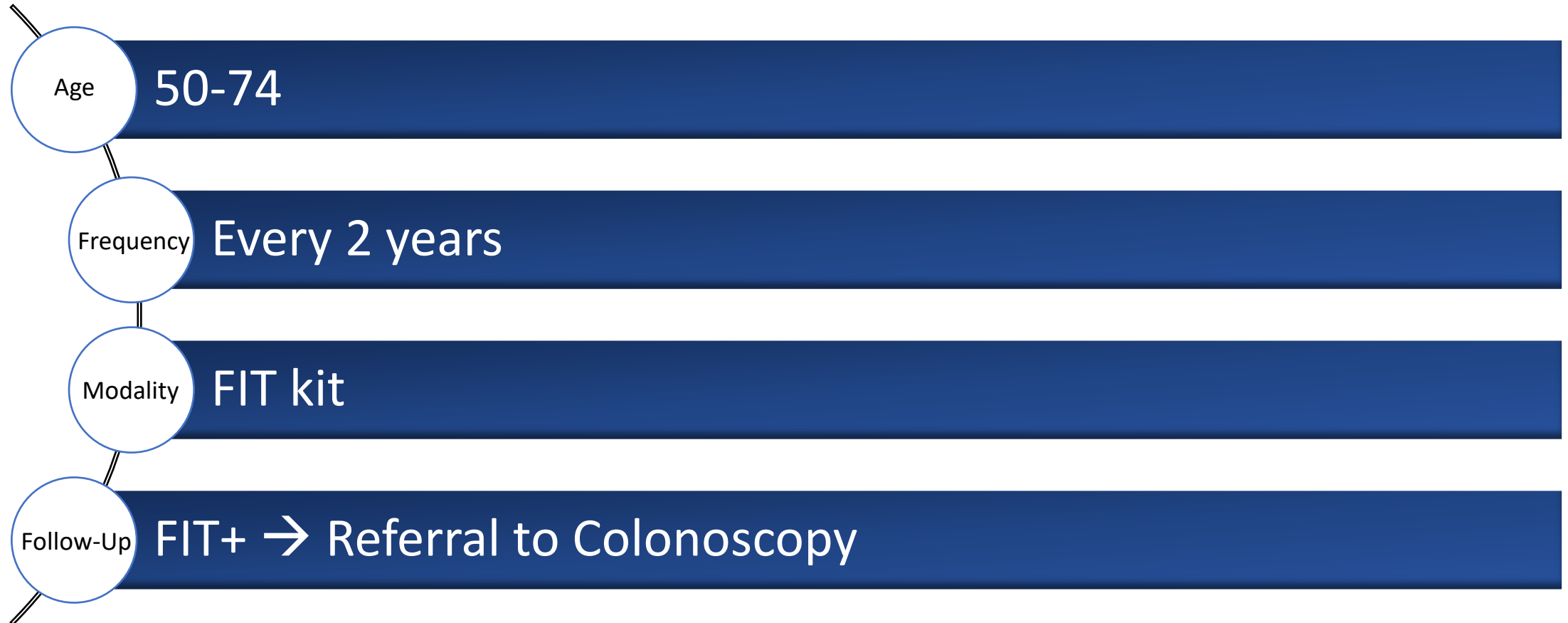
*breast cancer, ovarian, prostate, or pancreatic cancer

Cervical Cancer Screening – Eligibility Criteria



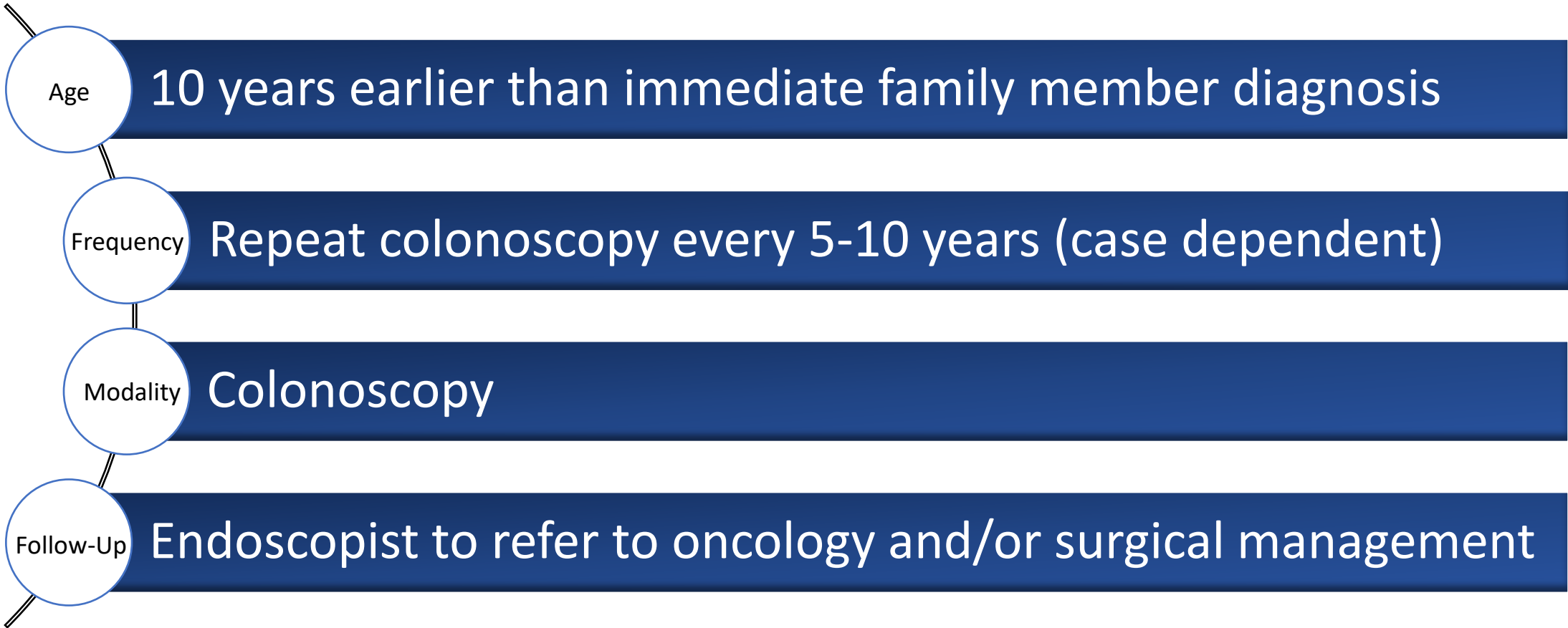
Colorectal Cancer Screening – Eligibility Criteria

Average Risk: No Family History



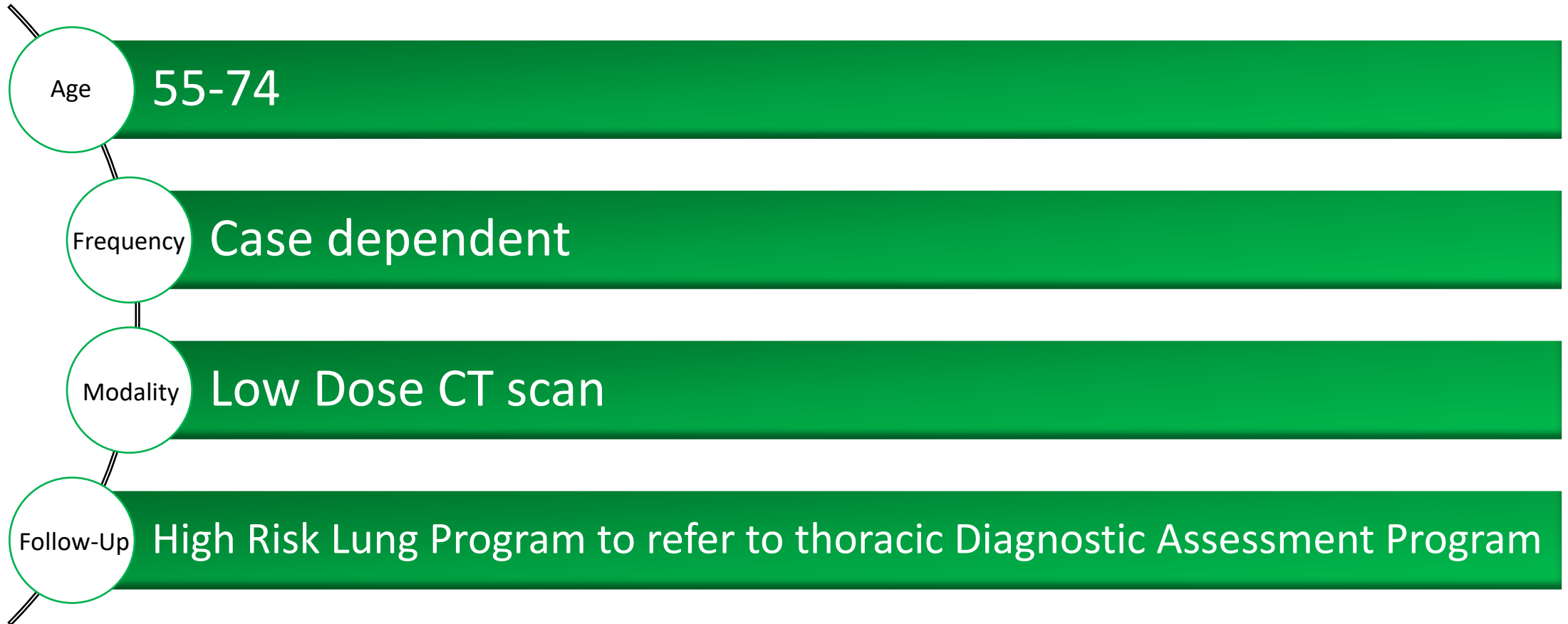
Colorectal Cancer Screening – Eligibility Criteria

High Risk: Immediate Family History



Lung Cancer Screening – Eligibility Criteria

Smoked cigarettes daily for at least 20 years (not necessarily consecutive)



Cancer Screening for Haliburton Residents



- Self referral to Ontario Breast Screening Program (OBSP) sites.
- Online booking available (Ross Memorial Hospital)
- HHHS OBSP Site – ***COMING SOON***



- Ross Memorial Women's Clinic (self-referral found at www.rmh.org/womenshealthclinic)
- Pap Pop Up Clinics - ***COMING SOON***



- Call 811 for a FIT kit, delivered right to your address
- If temporarily staying in Haliburton (cottage), kit can be ordered to a preferred address



- Self-Referral to Lakeridge Health Oshawa Ontario Lung Screening Program at 905-576-8711 x34449

Cancer Screening for People without a Primary Care Provider

People that do not have a Primary Care Provider (family doctor or nurse practitioner) can still receive cancer screening. Regular screening for cancer, when you have no symptoms and feel well, is the best way to find cancer early, when it is easier to cure or there is a better chance of treating it. Cancer screening is free for you if you have an Ontario Health Card (OHIP).

There are 4 cancer screening programs in Ontario:

- Colon Cancer Screening
- Lung Cancer Screening for current or past smokers
- Cervical Cancer Screening
- Breast Cancer Screening

COLON CANCER CHECK

Colon cancer is one of the most common cancers people die from in Ontario. However, when found early, 9 out of 10 people can be cured. Colon cancer starts from abnormal growths, called polyps. Not all polyps turn into cancer but some may turn into cancer over time.

Who is eligible for colon cancer screening?

Average Risk:
Everyone between 50 to 74 years of age should be checked for colon cancer every 2 years using the fecal immunochemical test (FIT) if they have no family history of this type of cancer. The FIT is a safe and painless test that checks your stool (poop) for tiny amounts of blood that may be caused by colorectal cancer or pre-cancerous polyps. You can do this test at home and it only takes a few minutes.
To be checked for colorectal cancer:
Call 1-866-828-9213 to request that a FIT kit be mailed to your home or a pick up address.

Increased Risk:
If you have a first-degree relative (parent, sibling, or child) who has been diagnosed with colon cancer, it is recommended you are screened with a colonoscopy starting at age 50 or 10 years earlier than the age your relative was diagnosed, whichever comes first.
To be checked for colon cancer if you are at an increased risk:
Call 1-866-662-9233 to be connected to a primary care provider.

LUNG CANCER SCREENING FOR PEOPLE AT HIGH RISK

Lung cancer is the leading cause of cancer related deaths in Ontario. This is because the cancer has often spread to other parts of the body or is large when it is found and treatment has less of a chance of working.

Who is eligible for lung cancer screening?

If you are between the ages of 55 to 74 and have smoked cigarettes every day for at least 20 years, you may be eligible for lung cancer screening. You do not have to have smoked for 20 years in a row, just 20 years in total. If you are eligible, it is important to get screened for lung cancer, even if you quit several years ago. People who are eligible to be screened will be offered a special type of low-dose CT scan that uses a small amount of radiation to take pictures of your lungs.
To be checked if you are eligible for lung cancer screening:
Call the Ontario Lung Screening Program at Lakeridge Health Oshawa at 1-905-576-8711 extension 34449.

Central East Regional Cancer Program
www.lakeridgehealth.on.ca/en/ourservices/preventionandscreening.asp

**Central East
Regional Cancer Program**
Ontario Health (Cancer Care Ontario)

*Kaitlin Loudon,
Primary Care & Community Engagement Lead
Thank you!*

<https://www.lakeridgehealth.on.ca/en/central-east-regional-cancer-program/Central-East-Regional-Cancer-Program.asp>



HHHS Communications Plan

Lauren Ernst, Communications & Employee Experience Lead

Where are we going, Lauren?

1. Introduction
2. Your feedback – where do you find HHHS?
3. HHHS Communications & Engagement Pillars
4. Internal Communications & Employee Experience
5. Website walkthrough
6. Your feedback – Future Engagement topics

Where do you obtain your HHHS news?

1. HHHS Website

- News & Events, Corporate Information, How to Volunteer, Contact Us

2. Local Newspapers

- Formal Editorials
- News articles
- Letter to the Editor

3. Winter and Summer County Publications

- Tax Inserts
- Service offerings and contact information

4. Radio

- Events, local news, emergency hospital announcements

5. Social Media: Facebook and X

- Staff appreciation, HHHS events, local events/supports, community partners



HHHS Communication & Engagement Pillars



1. TLDR on the Role

- June 1, 2023: Communications and Employee Experience Role was created
- Focus is on internal and external communications, public relations, and employee experience

Goal: Timely + inclusive + transparent communication = positive employee experience, retention, enablement

2. Define Internal vs. External Communications

- Approach to each is unique, involves a different approach, takes collaboration
- When done well: trust is built and retained

Goal: Apply an enablement lens to communications, share information that is impactful for the audience you are sharing with, ensure communication is timely.

HHHS Communications Plan



3. Social Media Usage & Engagement

- Website, Facebook, X, online newspaper postings
- Allows HHHS to be nimble, collaborative, and communicate in a timely manner

Goal: Offer in-the-moment information that improves the health and wellbeing of our community, while elevating the messages of our community partners to do the same.

4. Brand & Accessibility

- HHHS has and maintains a consistent look and feel, rooted in accessibility
- Member of the Accessibility Steering Committee

Goal: Refresh website, brochures, templates, logo, advertisements and strategic plan/annual report to reflect a consistent and accessible look and feel.

HHHS Communications Plan



5. Employee Experience

- Communication and engagement builds trust, autonomy, connection, and retention
- Monday Report, Thankful Thursdays, internal system refresh, general staff meetings, streamline all-staff memos, Staff appreciation meals and events

Goal: Happy & healthy staff ensure that HHHS can offer the best care to our community.

6. Community Engagement

- Programs and outreach to our community helps make HHHS stronger
- Town Halls, Engagement events, my contact information is posted freely to obtain feedback, Community Advisory Committee, frequent website and social media posts

Goal: A connected community, is a happy community. We ask, listen, and implement feedback.

What are people saying?

“I have fallen in love all over again with HHHS thanks to the work you do”

“You do a fantastic job of providing good fun, feedback, new information and I really appreciate the incorporation of information about community partnerships and new initiatives. And the length is just about perfect - I always read it top to bottom and I find myself wondering what will happen next! Just like a good novel. Keep up the excellent work.”

“I’m really so happy today. The culture here is shifting and I’m just feeling so thankful for it. I love Haliburton County and I love HHHS. I was so worried about its future last year at this time. But now... I’m not worried the vibes are changing.”

HHHS Website Tour



Search our website


- [COVID-19](#)
- [News & Events](#)
- [Feedback](#)
- [Staff Resources](#)
- [My account](#)
- [Log out](#)
- [AA](#)


- [Home](#)
- [About Us](#)
- [Community Programs](#)
- [Hospital](#)
- [Long-Term Care](#)
- [Foundation](#)
- [Volunteers](#)
- [Partners](#)
- [Careers](#)



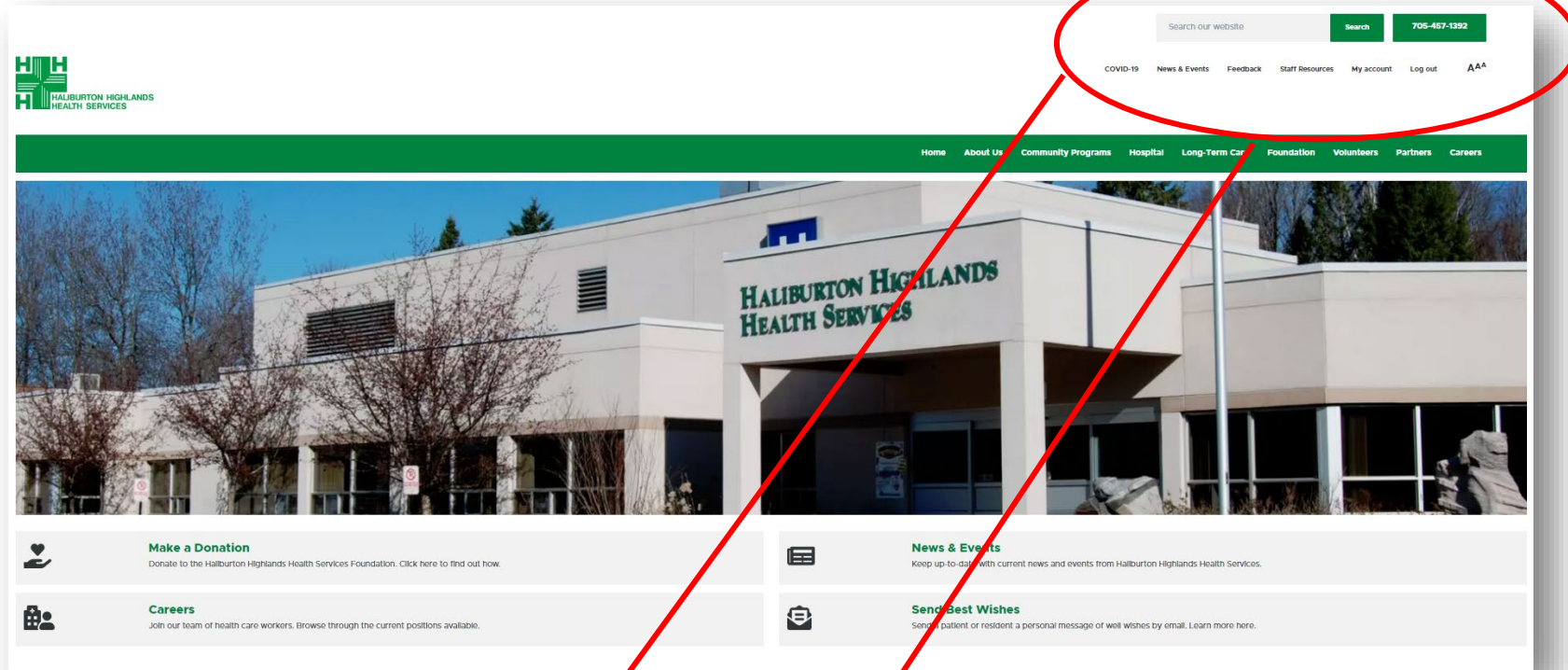
 **Make a Donation**
Donate to the Haliburton Highlands Health Services Foundation. [Click here to find out how.](#)

 **News & Events**
Keep up-to-date with current news and events from Haliburton Highlands Health Services.

 **Careers**
Join our team of health care workers. Browse through the current positions available.

 **Send Best Wishes**
Send a patient or resident a personal message of well wishes by email. [Learn more here.](#)

HHHS Website Tour



HHHS Website Tour



Our Latest News

Our press releases are also distributed to local media outlets, including the Haliburton Echo, the Minden Times, the Highlander, Moose 93.5 FM, and Canoe 100.9 FM.

For news and events before 2024, please visit the [News Archive](#).

Fit2Sit Program Activated in the Highlands

1 week 1 day ago
Fit2Sit Program Activated in the Highlands

COVID Outbreak at Hyland Crest Declared Over

1 week 4 days ago
COVID Outbreak at Hyland Crest Declared Over

Summer Engagement Session Incoming!

2 weeks ago
Summer Community Engagement Session

HHHS Board Chair Retires

2 weeks ago
HHHS Board Chair Retires

COVID Outbreak at Hyland Crest Long Term Care Home

3 weeks 1 day ago
Dear Community,

When to go Where to Get the Best Care



Haliburton Highlands Health Services

Published by Lauren Ernst · 2h · 🌐



Hi Community,

Our Annual Meeting is fast approaching, and we don't want you to miss it. Whether you are attending in person or virtually, you must register.

Please visit the link below for details and how to register.

We can't wait to see you there!



HHHS.CA

HHHS Corporation's Annual General Meeting - June 27, 2024

HHHS Corporation's Annual General Meeting - June 27, 2024

**BURTON HIGH
LANDS HEALTH SERVICE**

Next Engagement Topic/Guest?

**What topics or guests
would you like to see
featured in our next
Engagement session?**



Haliburton Highlands Health Services

Published by Lauren Ernst · March 6 ·

Community!

THANK YOU for your participation and support of our first of MANY Community Engagement Sessions. Your questions were incredibly thoughtful and your feedback continues to be so valuable.

Looking forward to many more!

Want to review our presentation? Check out the link below for more information.

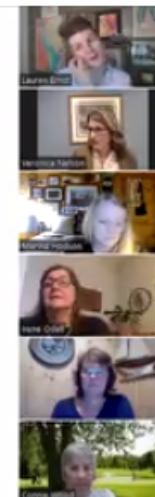
<https://www.hhhs.ca/.../community-winter-engagement...>



Winter Engagement Session

February 28: 1:00pm-4:00pm

March 5: 5:00pm-8:00pm





*Lauren Ernst,
Communications & Employee Experience Lead
Thank you!*

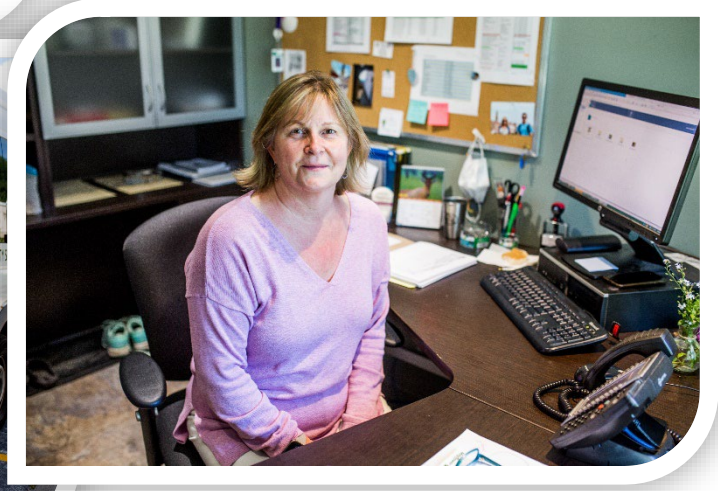
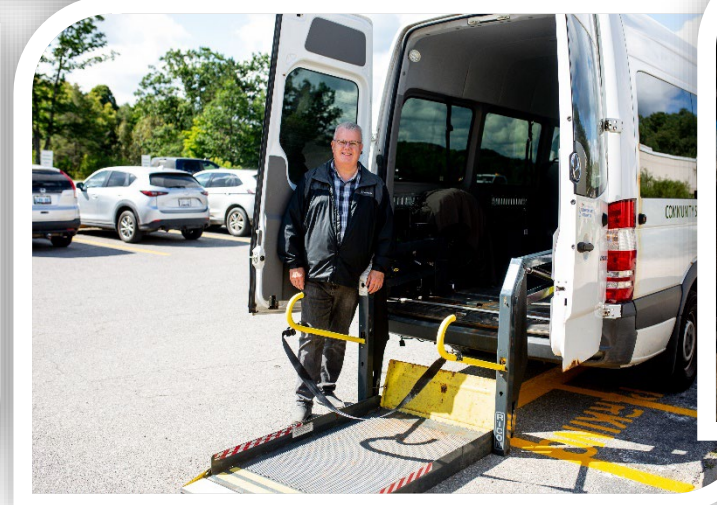
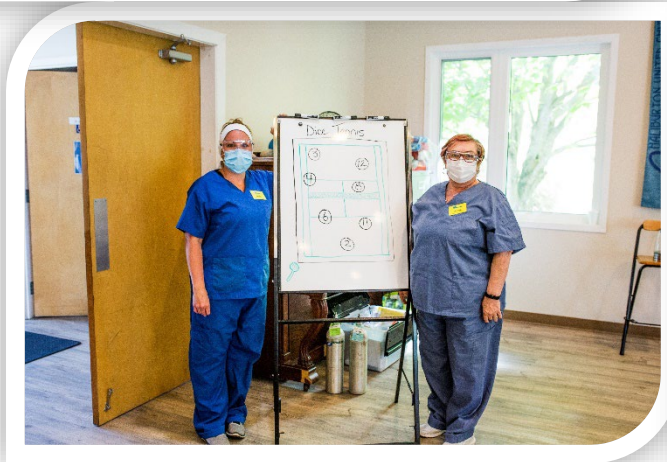
<https://www.hhhs.ca/news>

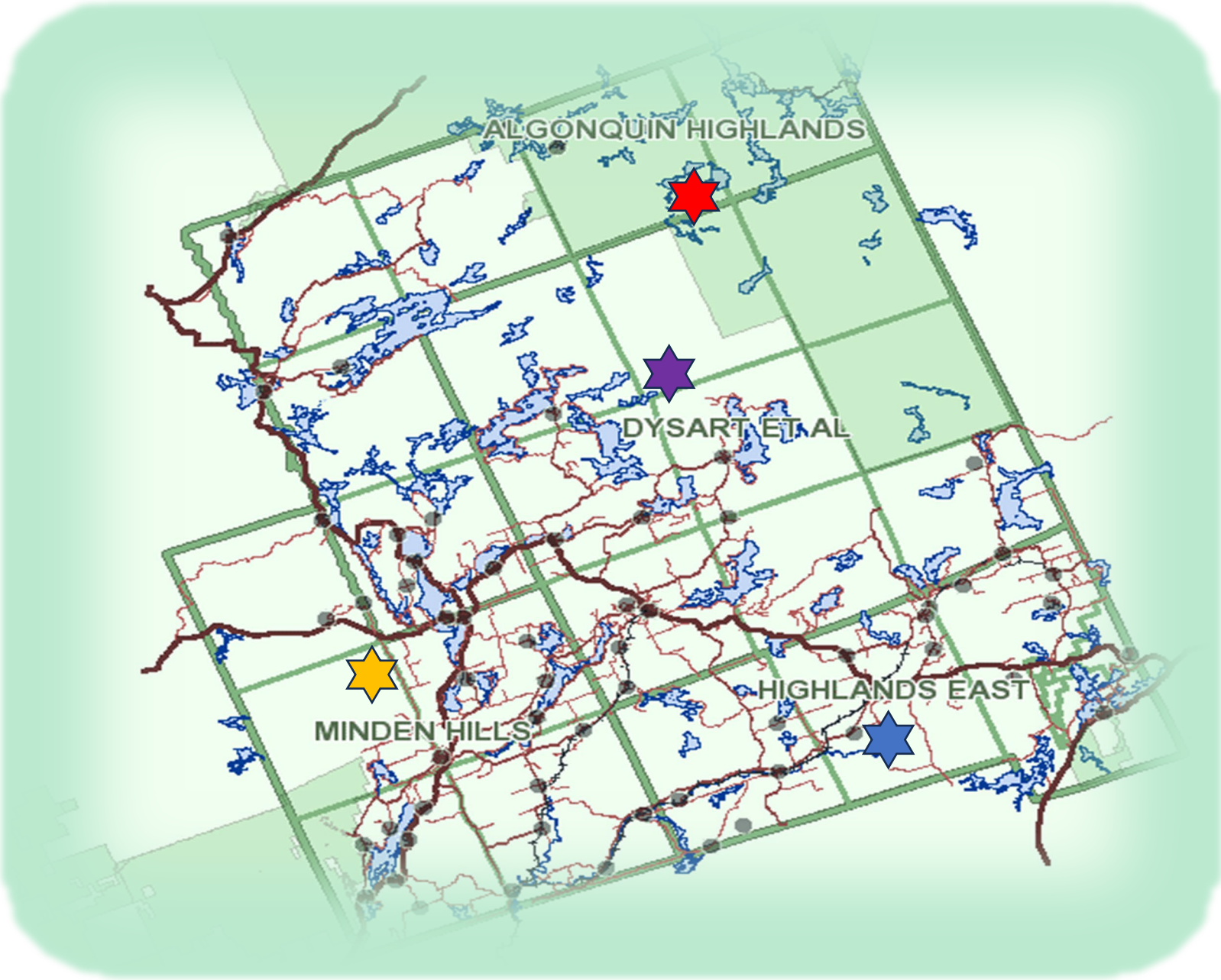



HHHS Community Support Services

Amanda Rowden, Manager Community Support Services

Community Support Services





-  Algonquin Highlands
-  Minden Hills
-  Dysart et al
-  Highlands East

Meals on Wheels



Did you know that we delivered over 21,000 meals last year!



Adult Day Program

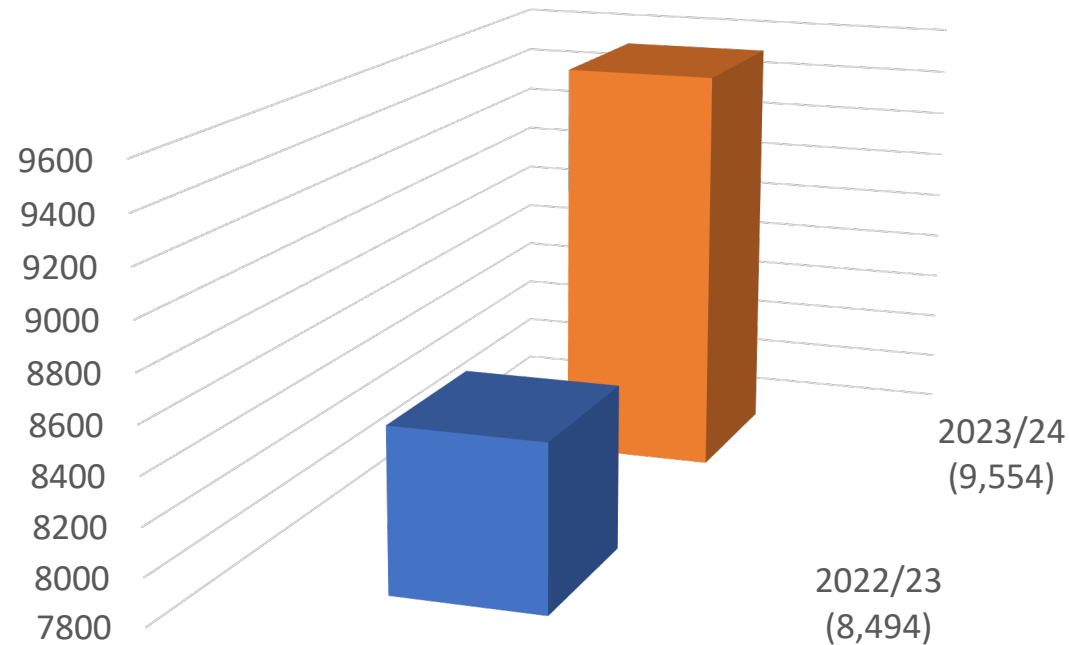


To provide support and programming to allow clients and caregivers to remain safe at home.

Enhancing transitions to long-term care and reducing caregiver burn out.

Medical Transportation

Trips Provided

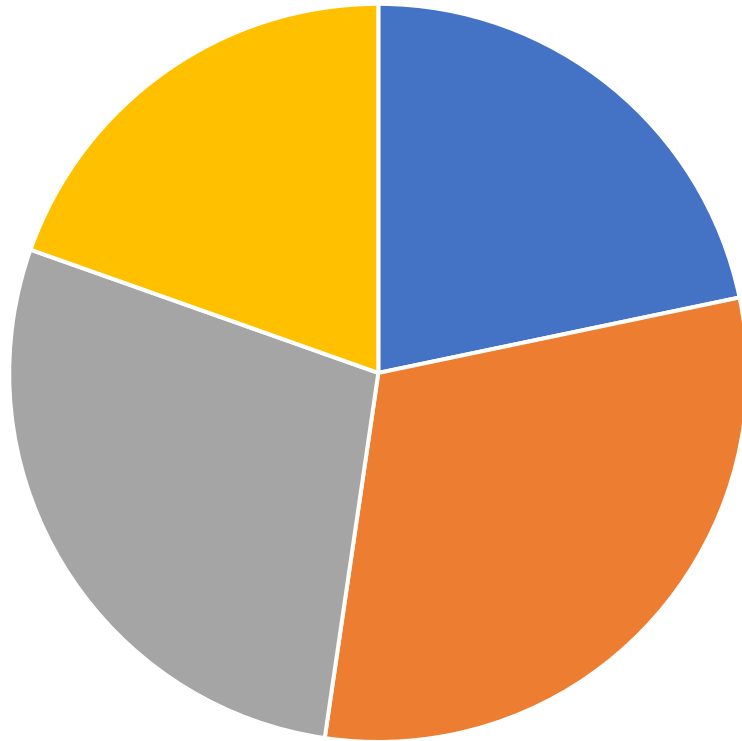


In 2023:

- ✓ 50,923 km were driven
- ✓ 9,500 trips were provided

Supportive Housing/ Assisted Living

Hours of care



■ Wilberforce ■ Minden ■ Haliburton ■ Assisted Living

18,235 Care Hours delivered in Adult
Day Program, Supportive Housing & Assisted
Living Programs



Emergency Response System



The Emergency Response System (ERS) is essential for seniors who live alone or need to quickly contact help for medical reasons, as well as adults who live with disabilities and/or illnesses, who wish to maintain their independent lifestyle.

Social Recreation



- Active Social Senior
- Balance Fitness
- Coffee & Colouring
- Diners Club
- Social Recreation Wilberforce
- Wellness Connect Program



We have multiple social recreation and exercise programs that cater to our clients.
There is something for everyone!

Hospice and Support Group



- ✓ **Grief Support Group**
- ✓ **Chronic or Life Limiting Illness Support Group**
- ✓ **Caregiver Support Group Flyer**

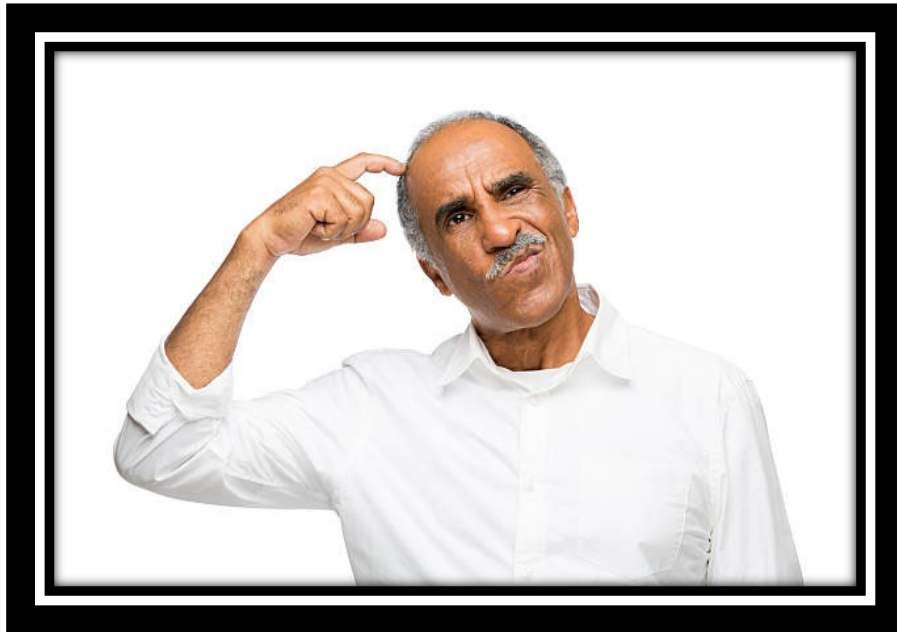


Nursing Foot Care

Taking care of your feet for a lifetime can prevent ongoing or long-term disability issues, especially if you have diabetes. Regular foot care maintenance is simply a part of overall health maintenance which allows you to feel healthy and remain active as you age.



How do you access care?



Call Community Support Services
705-457-2941 ext. 2928

or visit:

<https://www.hhhs.ca/community-programs>

Volunteer Recruitment



HHHS Needs you!

Long-term care
Hospice
Community programs
Volunteer Drivers
Social Recreation
Diners Club

Visit our website at:

<https://www.hhhs.ca/volunteers> for
more information on how you can
get involved.



Volunteers are the glue that hold the community together.



*Amanda Rowden,
Manager Community Support Services
Thank you!*

<https://www.hhhs.ca/community-programs>



HHHS Community Programs

Elaine Fockler, Manager Community Programs

Community Programs at HHHS



Mental Health & Addictions

2023/24 = 1,865 Visits

To support clients to use their strengths and abilities to help themselves; help clients set their own goals.

Anyone living in Haliburton County and surrounding area 16 years+ experiencing mental health challenges. All mental health services are voluntary.



CRISIS INTERVENTION



COUNSELLING AND
TREATMENT



RAPID ACCESS
ADDICTION
MEDICINE CLINIC
(RAAM)



INTENSIVE CASE
MANAGEMENT



EARLY PSYCHOSIS
INTERVENTION



HOUSING SUPPORT



SKILL AND HOUSING
RETENTION



PSYCHIATRIC
CONSULTATION AND
FOLLOW-UP.

Geriatric Assessment & Intervention Network (GAIN)

The team works with seniors and their support system to develop personalized care plans including:

- Review of past medical history
- Physical exam
- Mobility and functional assessment
- Cognitive screening



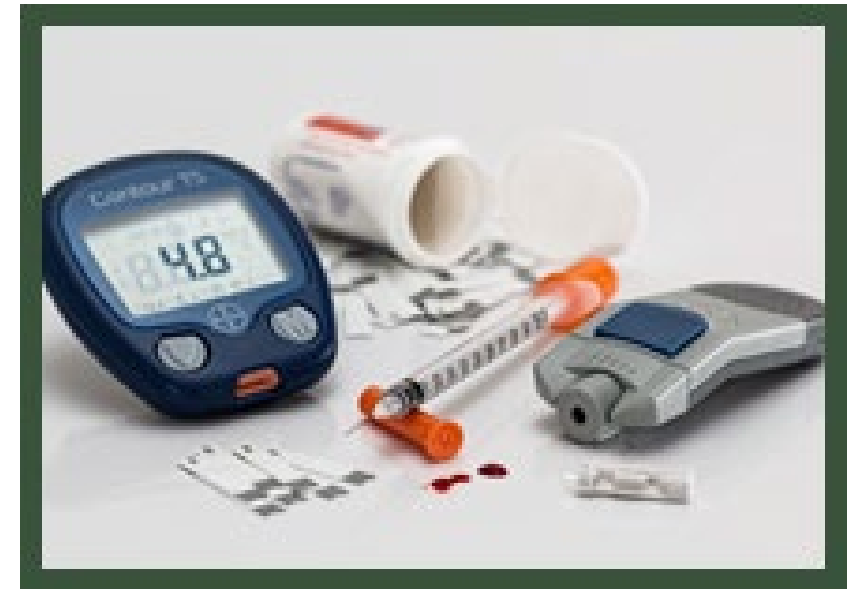
Goal: help keep seniors living safely & independently in their own homes

Diabetic Education Network (DEN)

To gain knowledge about your diabetes, advocate for your health and help develop the skills to self-manage your blood sugars.

Eligible clients:

- 18+ with newly diagnosed
- Pre-existing Type 1 or Type 2 diabetes
- Pre-diabetes
- Gestational diabetes



Diabetes Education Network

Personalized 1:1 education in person or by phone

Education follows practice guidelines from Diabetes Canada

<https://www.diabetes.ca/resources>



Physiotherapy

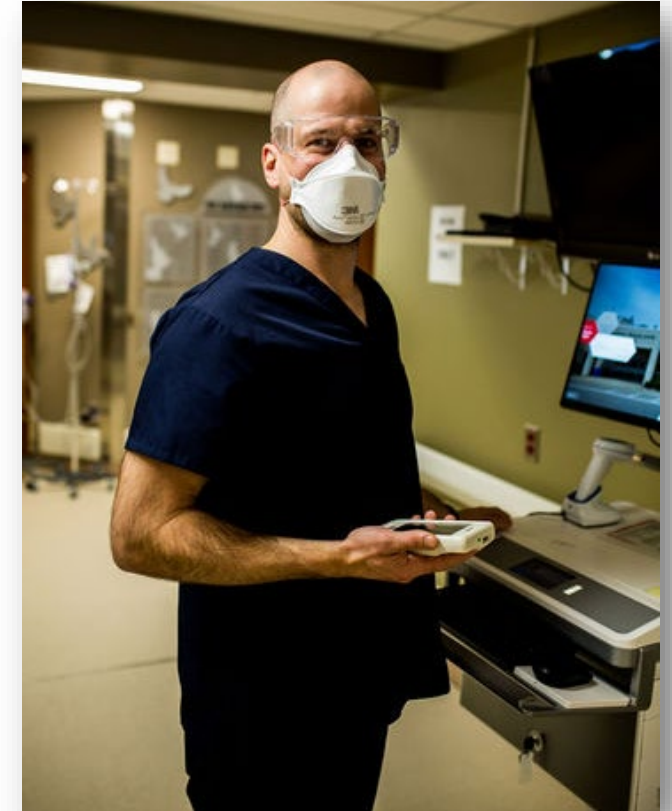
Outpatient Clinic for Joint Replacements

2 days per week in Haliburton

Treatment plans include:

- Therapeutic exercise
- Pain management education
- Joint mobilization

2023/24 = 765 Visits



Falls Prevention Program

To remain independent in the community and reduce the risk of falls.

Clients: All adults and older adults in the community

Program: 1 hour group classes twice a week for 12 weeks.

- Education and exercises to improve strength and balance
- Includes pre- and post-program assessments



Palliative Care Community Team (PCCT)

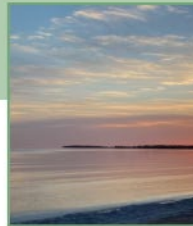


- Information and education
- Support for patient and caregiver
- Connection with other services and resources
- Clinical support
- Coordination of communication with healthcare team as needed



Patient Supports Available

- Physician access - 24 hours a day/7 days a week (through nursing agency)
- Volunteer visiting
- Coordinated support to Health Services
- Access to pain management
- Client centered professional Case Coordination



"My mom drove the slow way. The team was with other aspects of care met with patience and response from the care team members. We called for better support."

Your Circle of Care

Our Care team begins supporting you from your very first phone call to Community Support Services.

Our highly skilled and deeply compassionate Palliative Nurse

Palliative Nurse Navigation

The PCCT Nurse Navigator becomes your care partner and link to the health care team to ensure timely and ongoing

The Palliative Care Community Team is an inter-professional team providing care and support to residents of Haliburton County living with a life-limiting disease.

Support to patients and their families can begin as soon as possible and are designed to support you in your end of life journey.

Haliburton Highlands Health Services
www.hhhs.ca
 Tel: 705 457 2941

YOUR Palliative Care Community Team (PCCT)

Is a partnership of Haliburton Highlands Health Services, Haliburton Highlands Family Health Team, Central East Home and Community Care Support Services, and Peterborough Hospice Palliative Pain & Symptom Management Consultation Service.

HOME AND COMMUNITY CARE SUPPORT SERVICES Central East



Community Support Services
 7185 Gelert Rd, PO Box 956
 Haliburton, ON, K0M 1S0
 Phone: 705 457 2941
 Fax: 705 457 5077

Palliative Care Community Team Community Support Services



Leaders in Innovative Rural Health Care



Haliburton Highlands Health Services
www.hhhs.ca
 Tel: 705 457 2941

Ontario Telemedicine Network (OTN)

The delivery of health-related services and information using video conferencing and tele-diagnostics

Goal: Ensuring Ontarians receive high-quality health care services when and where they need them

OTN is by appointment only, not a walk-in service.

Specialty services:

- Anesthesiology
- Allergy
- Bariatrics
- Cardiology
- Dermatology
- Oncology
- Neurology
- Psychiatry



Mental Health

GAIN

DEN

Palliative Community


Falls Prevention

Self Referral

Where to go for more information:

www.hhhs.ca/community-programs

Or call: 705-457-2941



The screenshot shows a web browser window with the address bar displaying "hhhs.ca/community-programs". The main content area features a large image of three hands of different skin tones being held together in a supportive grip. Below the image, the heading "Community Programs" is displayed in bold black text. Underneath, a paragraph states: "We offer a wide range of health and support services to residents of Haliburton County." To the right, there is a green call-to-action box with the text "For All Community Support Programs" and a white button labeled "Click Here". At the bottom left, the text "Services and supports to improve your wellbeing and quality of life" is visible. The browser's address bar and navigation icons are also visible at the top of the screenshot.

Community Programs

We offer a wide range of health and support services to residents of Haliburton County.

Services and supports to improve your wellbeing and quality of life

For All Community Support Programs

Click Here



*Elaine Fockler,
Manager Community Programs
Thank you!*

<https://www.hhhs.ca/community-programs>



Thank you to our Presenters:

1. Public Health in Haliburton County – **Dr. Natalie Bocking**
2. Minor Ailments – **Gary Chow**
3. Services Offered by Local Pharmacists – **Lauren Wilson**
4. Midwifery Services – **Annalee Winter**
5. Building Abilities for Life – **Darlene Callan**
6. Organized Cancer Screening Programs – **Kaitlin Loudon**
7. HHHS Communications Plan – **Lauren Ernst**
8. HHHS Community Support Services – **Amanda Rowden**
9. HHHS Community Programs – **Elaine Fockler**



Thank you!
Veronica Nelson, President & CEO



Compassion – Accountability – Integrity – Respect