

# Haliburton Highlands Mental Health Support Services Referral

Name \_\_\_\_\_ DOB \_\_\_\_\_ Gender  M  F  O  
 Address \_\_\_\_\_ MM/DD/YYYY  
 Phone \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_  
 Health Card \_\_\_\_\_

**Fax to: HHMHS 705-286-6123 HHFHT 705-455-9315 Point in Time 705-457-3492 YWCA 705-286-4341**

*Referrals Reviewed From Mon-Fri 8:30-4:30*

### Requested Services

**HHMHS:**  Early Psychosis Intervention (ages 14-35)  Counselling  Psychiatric Consultation  Case Management  
**Point in Time:**  Crisis  Counselling  Family Support  
**YWCA:**  Healthy Relationship info  Safety Planning  Clinical Therapy  Supportive Counselling  Social & Legal Info  
**HHFHT: (For Rostered Patients of the Family Health Team Only)**  Non-Crisis Support  Counselling  Psychiatry

### Reason for Referral

### Consent

( Reason for Referral & or attach documentation )

Consents (Do not tick if you do not consent)

- I consent to having my physician(s) and staff communicate with the agency(s) that I am being referred to as needed
- I consent to sharing my past medical profile with the agency(s) I am being referred to
- I consent to the agency(s) I am being referred to contacting me by phone
- I consent to the agency(s) I am being referred to leaving voice mails

I ( Print) \_\_\_\_\_

Agree to the above referral to the selected Agency(s)

(Signature) \_\_\_\_\_

Haliburton Highlands Mental Health Services(HHMHS)  
 (We serve those over 16 years of age)  
 8:30-4:30 Monday –Friday  
 14 IGA Rd, Minden  
 Tel: 705-286-4575

### 24 Hour Four Counties Crisis Line

**Free Confidential Crisis Support  
1-866-995-9933**

Haliburton Highlands Family Health Team (HHFHT)  
 8:30-4:30 Monday –Friday  
 7217 Gelert Rd, Haliburton  
 Tel: 705-455-9220

Point in Time Centre for Children, Youth & Parents  
 (We serve families with children between 0-18 years of age)  
 8:30-4:30 Monday- Friday  
 69 Eastern Ave, Haliburton  
 Tel: 705-457-5345

YWCA Women’s Centre  
 9:00-4:30 Monday-Friday  
 (We serve women over 16 who are concerned about their relationships or who have experienced abuse)  
 11 Bobcaygeon Rd, Minden  
 Tel: 705-286-6442

Completed By: \_\_\_\_\_

Role: \_\_\_\_\_

Date of Referral Received: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Date of First Contact: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Office Use Only** MM / DD / YYYY



<b>EMERGENCY</b> .....	911
Four County Crisis.....	1-866-995-9933
Haliburton Highlands OPP.....	705-286-1431
Kawartha/Haliburton Victim Services.....	1-800-574-4401
Kawartha Sexual Assault Centre.....	1-866-298-7778
Connect Ontario (Addictions, Mental Health, Gambling).....	1-866-531-2600
Heat Bank Haliburton County.....	705-306-0565
Fuel for Warmth.....	705-286-6838 • After Hours...705-489-3324/286-2990

**HEALTH**

Haliburton Highlands Family Health Team (Haliburton).....	705-457-1212
Family Counseling and Supports.....	705-457-9220
Minden.....	705-286-2500
Haliburton Highlands Mental Health Services.....	705-286-4575
Ross Memorial Hospital Mental Health Inpatient Unit.....	705-324-6111ext. 6067
Ross Memorial Hospital – Mental Health Intake.....	705-328-6064
Hospital (Haliburton).....	705-457-1392
Hospital (Minden).....	705-286-2140
HKPRD Health Unit.....	705-457-1391
Kinmount Family Medical Clinic.....	705-488-1105
Peterborough Regional Health Centre.....	705-743-2121
PARN (Peterborough Aid Resource Network).....	1-800-361-2895
Mental Health Services Information.....	1-866-531-2600
FourCast Addictions Services.....	705-286-4077
Drug & Alcohol Treatment Info Line.....	1-800-565-8603
Problem Gambling Helpline.....	1-888-230-3505
AA (Alcohols Anonymous).....	705-745-6111
NA (Narcotics Anonymous).....	1-888- 811-3887
CE LHIN formally CCAC.....	705-457-1600

**SERVICES**

Adult Protection Services.....	1-888-646-3456
Elder Abuse-Seniors Safety Line.....	1-866-299-1011
Parent’s Helpline.....	1-888-603-9100
YWCA Woman’s Centre.....	705-286-6442
John Howard Society.....	705-328-0472
Brain Injury Assoc. Peterborough Region (Haliburton County).....	705-286-4575

**YOUTH & CHILDREN**

Children’s Aid Society.....	705-457-1661
Point In Time, Centre For Children, Youth and Parents & Haliburton County Youth Hub.....	705-457-5345
Youth Justice Program.....	705-457-5345
Kids Help Phone.....	1-800-668-6868
Five Counties Children Services.....	705-286-0737

**FOOD BANKS**

Minden Food Bank.....	705-286-6838
Haliburton Food Bank (4C’s).....	705-457-3331
Central Food Network – Wilberforce Food Bank.....	705-448-9711
Central Food Network – Cardiff Food Bank.....	613-334-0803
Kinmount Food Bank.....	705-455-3060

**FINANCIAL**

Ontario Works.....	705-457-4571
Ontario Disability Support Program.....	705-324-6128
Credit Counselling (CCRC, Non-Profit).....	1-800-274-1611 ext. 307

**HOUSING AND EMERGENCY SHELTER**

Housing Help Centre.....	705-457-4571
YWCA HERS (Haliburton), Crossroads (Peterborough).....	1-800-461-7656
Woman’s Resources (Lindsay).....	1-800-565-5350
Youth Emergency Shelter (YES Peterborough).....	1-705-748-3851
A Place Called Home (Lindsay) (24-hour shelter, Extension 1).....	1-866-520-2689

**LEGAL SERVICES**

Community Legal Clinic.....	1-800-461-8953
Family Law Info Clinic.....	705-324-1413
Legal Aid.....	1-800-668-8258
Landlord & Tenant Board.....	1-888-332-3234
Victim Support Line.....	1-888-579-2888