

Making your health a priority one foot at a time.

We offer quality, non-invasive treatment of:

- Diabetes related foot complications
- Thick, Discolored Nails
- Ingrown, Involuteds Toenails
- Corns, Calluses
- Heel Fissures
- Hammer Toe Pain
- Plantar Fasciitis
- Arthritis Pain
- Muscle Spasm Or Tension
- Lower Back Pain
- Chronic Pain Reduction

Haliburton Highlands Health Services
www.hhhs.ca

Tel: 705 457 2941

The Program

Why would I need Nursing Foot Care?

Many times we don't realize that even a small corn, callus, or thick toenail, can cause such discomfort that it interferes with our everyday lives. In many cases, the most common foot problems can easily be treated by a nursing foot care professional. If you are unsure or unable to care for your feet, we are happy to assist you with your foot care needs.

Who is eligible to receive this service?

- Adults (age 18+) with disabilities and/or Seniors (age 55+)

Community Support Services
7185 Gelert Rd, PO Box 956
Haliburton , ON, K0M 1S0
www.hhhs.ca
Phone: 705 457 2941
Fax: 705 457 5077

Nursing Foot Care Community Support Services



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When and Where do I go?

Every Tuesday, clinics rotate between Haliburton and Minden. Our Nurse will meet you at

Haliburton Hospital, Haliburton
Hyland Crest, Minden
Mapleview, Wilberforce

*All Supportive Housing clients receive a subsidized price of \$15



Nursing Foot Care Matters...

Taking Care of your feet for a lifetime can prevent ongoing or long term disability issues, especially if you have diabetes. Regular foot care maintenance is simply a part of overall health maintenance which allows you to feel healthy and remain active as you age.

How do I book an appointment?

- Community Support Services 705-457-2941 or 1-855-285-2944
- Advance booking is required

What else do I need to know?

- Our office is closed Saturday/Sunday and Statutory Holidays- no appointments will be booked on these days

How much will it cost?

- \$30.00 for feet
- \$10.00 for fingernails

**All visits are invoiced monthly for services rendered*

**Clients of the Diabetes Education Network receive a discount—please inquire at time of booking*

What Services are Offered?

- Assessment of the feet
- Referrals and recommendations as needed
- Toenail trimming and filing
- Treatment of corns and calluses
- Moisturizing foot rub
- Wound assessment, referral and treatment
- Footwear assessment



Let us take care of you so you can live the best life possible! The Community Support Services Nursing Foot Care Program provides quality care to ensure ongoing maintenance of any foot health-related concerns are taken care of in a timely manner.

705 457 2941